




| APRIL 2009   |   |  |  |   |
|--|---|--|--|---|
| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|   |    | 1<br>Boneless chicken w/ BBQ sauce<br>Roasted potatoes<br>Corn Niblets<br>Wheat bread<br>Mandarin oranges  | 2<br>BRUNCH<br>Ham and cheese quiche<br>Hash brown potatoes<br>Turkey sausage patty<br>Cherry Muffin<br>Fresh Orange                                   | 3<br>Breaded fish with broccoli<br>cheese Sauce<br>Scalloped potatoes<br>Peas and carrots<br>Whole Wheat roll<br>Vanilla Pudding<br>(Modified-Diet Pudding) |
| 6<br>**Turkey kielbasa with peppers & onions on a Coney Island roll<br>Spinach<br>Buttered Noodles<br>Butterscotch Pudding<br>(Modified-Diet Pudding)                  | 7<br>Seasoned chicken quarter<br>Mashed sweet potatoes<br>Corn Niblets<br>Whole Wheat bread<br>Sugar cookie                                 | 8<br>Roast Pork with Gravy<br>Mashed Potatoes<br>Beets<br>Wheat Dinner Roll<br>Pineapple chunks  | 9<br>Meatloaf with gravy<br>Au Gratin Potatoes<br>Broccoli<br>Multi-grain bread<br>Diced Pears   | 10<br>Tuna salad on a bed of lettuce<br>Pasta vegetable salad<br>Cole slaw<br>Soft roll<br>Fresh fruit  |
| 13<br>Pork Cutlet w/ Mushroom Gravy<br>Buttered Noodles<br>California Blend Vegetables<br>Italian Bread<br>Pear halves   | 14<br>Chicken Cacciatore (Bone in)<br>Pesto Pasta Salad<br>Italian Blend Vegetables<br>Whole Wheat Roll<br>Fresh fruit                      | 15<br>Yankee pot roast with gravy<br>Oven roasted potatoes<br>Peas and carrots<br>Biscuit<br>Peaches   | 16<br>Stuffed Cabbage<br>Herbed Brown Rice<br>Stewed tomatoes w/ zucchini<br>Whole wheat bread<br>Chocolate nut-less brownie<br>(Modified-Diet Cookie) | 17<br>Beer battered fish (2 pieces) with tartar sauce<br>Roasted herb potatoes<br>Broccoli<br>Multi Grain Bread<br>Sliced Peaches                           |
| 20<br>Cheeseburger on a bun with ketchup/mustard<br>Lettuce and tomato<br>Baked beans<br>Pasta vegetable salad<br>Orange   | 21<br>Chicken salad plate (served over a bed of lettuce)<br>Potato salad<br>Carrot and raisin salad<br>Whole Wheat Roll<br>Mandarin Oranges | 22 <u>HAPPY BIRTHDAY</u><br>Oven fried chicken - drum & thigh<br>Tater tots<br>Spinach<br>Corn bread<br>Apple crisp<br>(Modified-Diet Apple Crisp) | 23<br>Roasted pork loin w/ herbed gravy<br>Mashed sweet potatoes<br>Zucchini<br>12 grain bread<br>Pineapple  | 24<br>Breaded lemon pepper fish with tartar sauce<br>Rice pilaf<br>Broccoli<br>Whole Wheat Roll<br>Rice pudding with raisins<br>(Modified-Diet Pudding)     |
| 27<br>Sliced turkey roast with gravy<br>Cranberry garnish<br>Cornbread stuffing<br>Green beans<br>Whole wheat bread<br>Oatmeal raisin cookie<br>(Modified-Diet Cookie) | 28<br>Stuffed Pepper<br>Rice and Peas<br>Sicilian Vegetables<br>Italian bread<br>Ice cream<br>(Modified-Diet Ice Cream)                     | 29<br>LS Hot Dog on a Hot Dog Roll<br>Mustard Packet<br>Tater Tots<br>Vegetarian Baked Beans<br>Orange   | 30<br>Sliced Roast Beef w/ Gravy<br>Garlic Mashed Potatoes<br>Mixed Vegetables<br>Whole Wheat Bread<br>Sliced peaches                                  |    |

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