

December 2016 Congregate Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheeseburger Whole Wheat Roll Macaroni Salad Lettuce and Tomatoes Peaches	2 Whole Grain Pizza Tossed Salad Dressing Cookie
5 Hot Dogs Whole Wheat Roll Baked Beans Tossed Salad Mustard/Ketchup Orange	6 Rotini Meat Sauce Italian Bread Green Beans Mixed Fruit	7 Monte Christo Sandwich Swiss Cheese Cole Slaw Sliced Oranges	8 Baked Ham Whole Wheat Dinner Roll Macaroni and Cheese Garden Peas Pear	9 Fish Sandwich American Cheese Whole Wheat Roll Cole Slaw Lettuce and Tomatoes Orange
12 Chicken Patty Melt Whole Wheat Bun Lettuce and Tomatoes Pickles Chocolate Pudding	13 Meatloaf Whole Wheat Dinner Roll Mashed Potatoes Diced Carrots Sliced Peaches	14 Roast Turkey Breast Whole Wheat Roll Mashed Potatoes Stuffing/Green Beans Cranberry Sauce Bread Pudding	15 Meatball Sub Whole Wheat Sub Roll Tossed Salad Mozzarella Cheese Apple	16 Whole Grain Pizza Tossed Salad Dressing Cookie
19 Italian Whole Wheat Roll Up Chicken Noodle Soup Lettuce and Tomatoes Pickles Mixed Fruit	20 Beef Tacos Whole Wheat Taco Shell Spanish Rice Sweet Corn Salsa Jell-O	21 Grilled Cheese with Ham Whole Wheat Bread Tomato Soup Apple	22 Roast Pork Dinner Roasted Potatoes Garden Peas Cookie	23 Chicken Parmesan Sub Whole Wheat Sub Roll Provolone Cheese Tossed Salad Cake
26 	27 Baked Chicken Whole Wheat Roll Mashed Potatoes Gravy Cole Slaw Applesauce	28 Tuna Melt American Cheese Whole Wheat Bread Potato Salad Pickles Vanilla Pudding	29 Stuffed Shells Whole Wheat Dinner Roll Green Beans Tossed Salad Pears	30 Whole Grain Pizza Tossed Salad Dressing Cookie

*Don't forget, we need members to sign up for lunch by the Tuesday the week prior to when you want to eat. All members with reservations are served first, followed by anyone who may be a stand by. Lunch is served from 11:30- 12:00 and the cost is **\$3.00 per person, per meal.***