

RUSSELL MILL POND

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RUSSELL MILL POND

Using a modified trophic level index Russell Mill Pond ranks 21st.

Russell Mill Pond is an artificial, warm water, tributary fed, non-stratified pond with a maximum depth of 19 feet. Macrophyte population is dense in about 50% of the pond. Floating aquatic plants cover about 8 acres with medium population, all species represented. Emerged aquatic plants are heavy on some shores. Submersed aquatic plant growth is dense on 23 acres with all species represented including cabomba, if there is a dominant species it would be elodea. Heavy infestations of filamentous green and blue-green algae is present in some areas. It ranked 17th on the plant trophic list. Secchi disc reading of 7 feet ranked it 28th for this parameter. Of three phosphate samplings one was critical, the second was high, the third one acceptable. Of three nitrate readings one was marginal while the other two were within permissible limits.

Number of houses affecting pond: approximately 5

Cranberry bogs affecting pond: approximately 60 acres

This pond is rated eutrophic

Problem: The Eel River impoundment is greatly affected by agriculture.

	IN LAKE STATION			OUTFALL			SOURCES		
	1	2	3	1	2	3	1	2	3
Total P						.03		.02	.10
Nitrate (N)						.08		.10	.05
Free Acid			0						
Total Acidity			0						
Alkalinity			0						
DO			10						
Total Hardness			18						
CO ₂			8						
Pn			7.0						
Temp (C+F) 1' Levels			10° C						
Secchi			7 ft.						
Heavy Metals									
Zn	.004								
CD	.001								
Sn	.006								
Au	.001								
Fe	.035								
P D	.011								
AL	.008								
Cu	.009								
Ni	.006								
AG	.001								
Benthos									
Total P			323						
Total Nitrogen			71						
Percent solids			5.1						
Total volatile solids			.11%						

All figures in mg/l unless otherwise noted.

LAKE TROPHIC CHARACTERISTICS

CLASSIFICATION DEFINITION

The trophic state of a lake is determined by a large number of factors including latitude, altitude, climate, watershed characteristics, soil types, human activities and lake morphometry. Three factors are found to be most important. They are climate, nutrient supply and lake depth.

OLIGOTROPHIC: Aquatic plant production is low; aquatic animal production is low; aquatic plant nutrient flux is low. Oxygen is present in the hypolimnion. Depth tends to be deeper. Water quality for most domestic and industrial use is good, total salts or conductance is usually lower. Number of plant and animal species is varied and diverse. Oligotrophic waters have only a small supply of available nutrients, hence, they support little organic production.

1. Oligotrophic Lakes

- a. Very deep, thermocline high; volume of hypolimnion large; water of hypolimnion cold.
- b. Organic materials on bottom and in suspension very low.
- c. Electrolytes low or variable; calcium, phosphorus, and nitrogen relatively poor; humic materials very low or absent.
- d. Dissolved oxygen content high at all depths and throughout year.
- e. Larger aquatic plants scarce.
- f. Plankton quantitatively restricted; species many; algal blooms rare; Chlorophyceae dominant.
- g. Profundal fauna relatively rich in species and quantity; Tanytarsus type; Corethra usually absent.
- h. Deep-dwelling, cold-water fishes (salmon, cisco, trout) common to abundant.
- i. Succession into eutrophic type.

EUTROPHIC: Aquatic plant production is high; aquatic animal production is high; aquatic plant nutrient flux is high. Oxygen in hypolimnion is absent. Depth tends to be more shallow. Water quality for most domestic and industrial uses is generally poor. Total salts or conductance is mostly higher. Number of plant and animal species is fewer. Eutrophic waters are waters with a good supply of nutrients, they may support rich organic production, such as algal blooms.

2. Eutrophic Lakes

- a. Relatively shallow; deep, cold water minimal or absent.
- b. Organic materials on bottom and in suspension abundant.
- c. Electrolytes variable, often high; calcium, phosphorus, and nitrogen abundant; humic materials slight.
- d. Dissolved oxygen in deep stratified lakes of this type minimal or absent in hypolimnion.
- e. Larger aquatic plants abundant.
- f. Plankton quantitatively abundant; quality variable; water blooms common, Myxophyceae and diatoms predominant.
- g. Profundal fauna, in deeper stratified lakes of this type: poor in species and quantity in hypolimnion; Chironomus type; Corethra present.
- h. Deep-dwelling, cold water fishes usually absent; suitable for perch, pike, bass, and other warm-water fishes.
- i. Succession into pond, swamp or marsh.

MESOTROPHIC: Lakes exhibit conditions between eutrophic and oligotrophic, their water is less transparent than oligotrophic waters, but more transparent than eutrophic waters. Supplies of dissolved oxygen decrease during the summer months in deep water, but do not disappear entirely as in eutrophic waters. Less all-around production than eutrophic waters.

The term ultraoligotrophic is sometimes used for lakes on the lowest extreme scale while the term hypereutrophic is used for this other extreme.

The above is a brief description of classification, and the trophic index was developed along these qualifications. The following parameters were

3. Mesotrophic Lakes

It is characterized by nutrient levels and amounts of plant biomass that are intermediate to those found in eutrophic and oligotrophic lakes and ponds.

EUTROPHICATION LIST

- | | |
|----------------------|--------------------------------|
| 1. Long | 34. Bartlett |
| 2. Little | 35. Hedges |
| 3. Great South | 36. Indian |
| 4. Little South | 37. Fresh Meadow |
| 5. Bloody | 38. Halfway |
| 6. Fresh | 39. Spring |
| 7. Gallows | 40. N. Triangle |
| 8. Micaiah | 41. Grassy West |
| 9. Sandy | * Billington Sea would rank 31 |
| 10. Boot | |
| 11. Round | |
| 12. White Island | |
| 13. Little West | |
| 14. Ezekial | |
| 15. Wall | |
| 16. Little Sandy | |
| 17. Island 39 | |
| 18. Gunners Exchange | |
| 19. Long Island | |
| 20. Morey Hole | |
| 21. Russell Mill | |
| 22. Island 52 | |
| 23. Great Herring | |
| 24. Little Herring | |
| 25. Clear | |
| 26. Big West | |
| 27. Kings | |
| 28. Hoyts | |
| 29. Forge | |
| 30. Scokes | |
| 31. Little Long | |
| 32. Savery | |
| 33. Ship | |

EUTROPHICATION INDEX USED TO RATE 41 PONDS IN PLYMOUTH

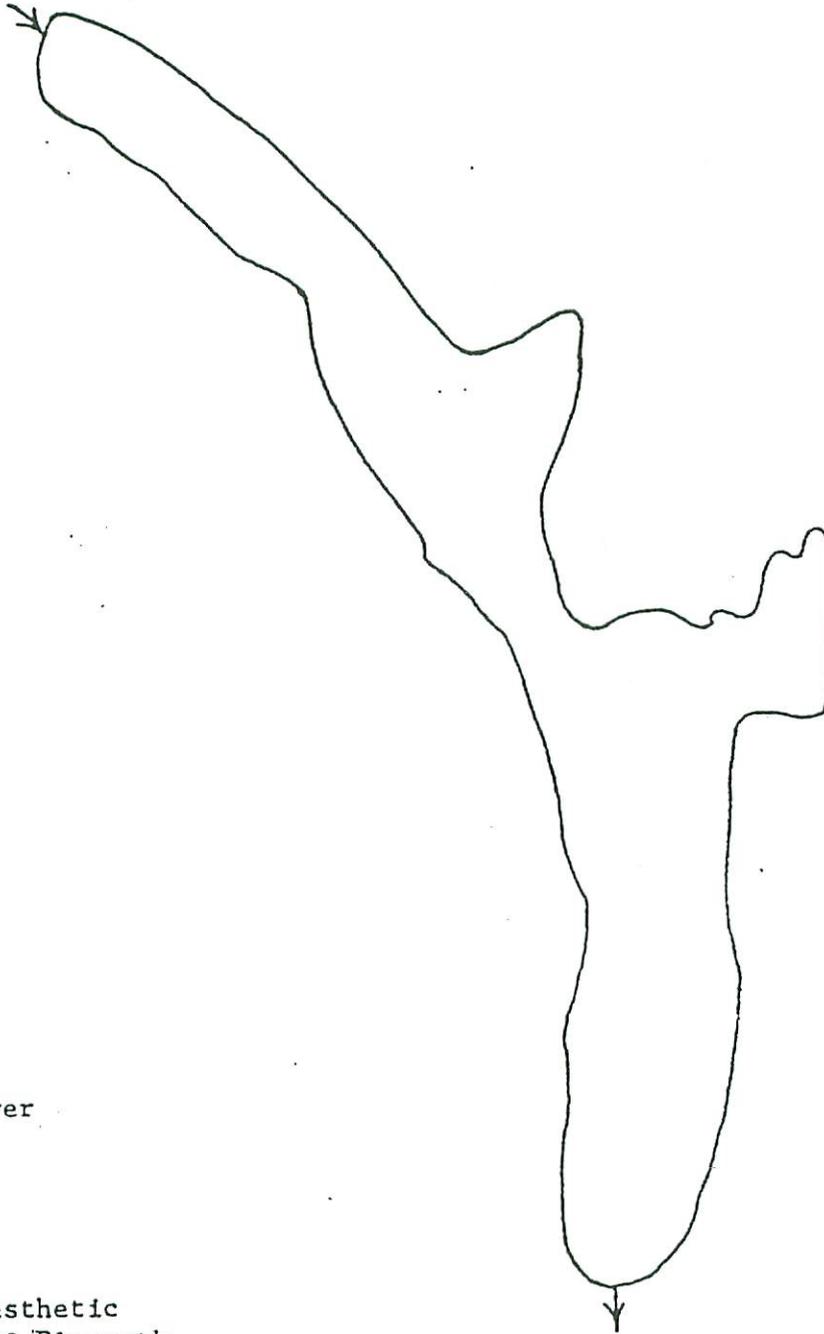
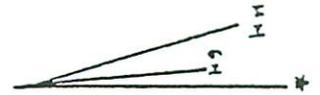
Parameters

Secchi Disc Readings Rank 1 - 41				Rank
1. Phytoplankton coloration				
clear	0			
green tint	1	x 100% volume	=	Points
moderate green	2			
deep green	3			
2. Macrophytes				
emergent	none 0			
floating	sparse 1	x % covered	=	Points
submersed	medium 2			
	dense 3			
3. Algae Filamentous				
	none 0			
	sparse 1	x % area covered	=	Points
	medium 2			
	dense 3			
Total of 1 + 2 + 3			=	Points = Rank
<u>Secchi Rank + Macro and Microphyte Rank = x</u>				
x times 4				= Ranking Points

Nutrient Points

1. Phosphates	0 ppm. - .025 ppm.	= 0	
	.025 - .03	= 1	
	.03 - .04	= 2	
	.04 - .06	= 3	
	.06 -	= 4	
			Points _____
2. Nitrate	0 - .05	= 0	
	.05 - .1	= 1	
	.1 - .25	= 2	
	.25 - .4	= 3	
	.4 -	= 4	
			Points _____
Y = 1 + 2		x 2	Ranking Points
x + Y	=		Total Ranking Points
			Ponds Rank 1 to 41

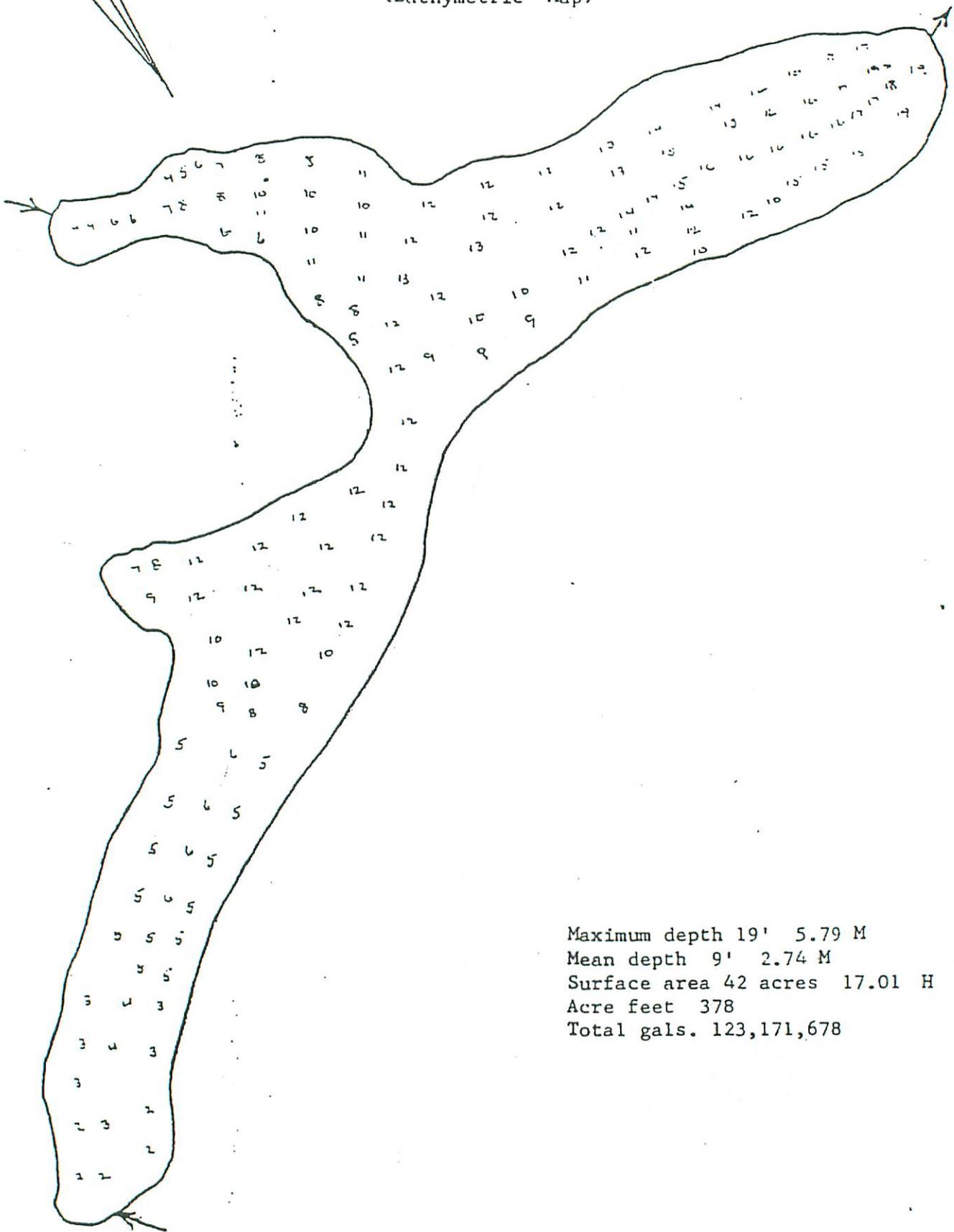
RUSSELL POND



Russell Mill Pond
Plymouth, Mass.
Watershed type: Eel River
Area: 42
Elevation: 055
Water type: warm-cold
Pond type: artificial
Stratified: no
Pond use: recreation, esthetic
Topo sheet: USGS 1:24000 Plymouth
Position Topo sheet: up 7.7 right 15.0
Shoreline distance 1.8 miles 9.504'

Scale 1:570

(Russell Pond)
(Bathymetric Map)

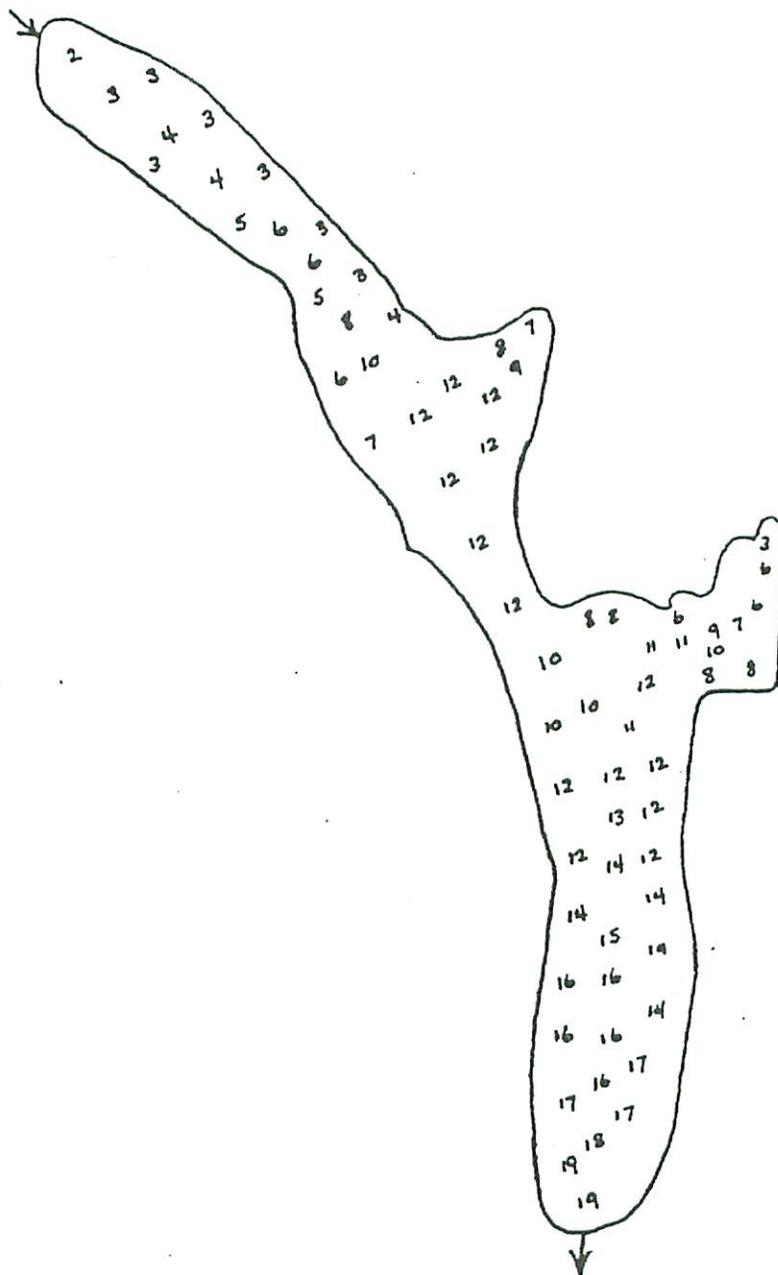
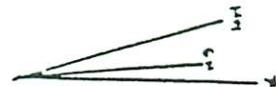


Maximum depth 19' 5.79 M
Mean depth 9' 2.74 M
Surface area 42 acres 17.01 H
Acre feet 378
Total gals. 123,171,678

Scale 1:400'

RUSSELL MILL POND

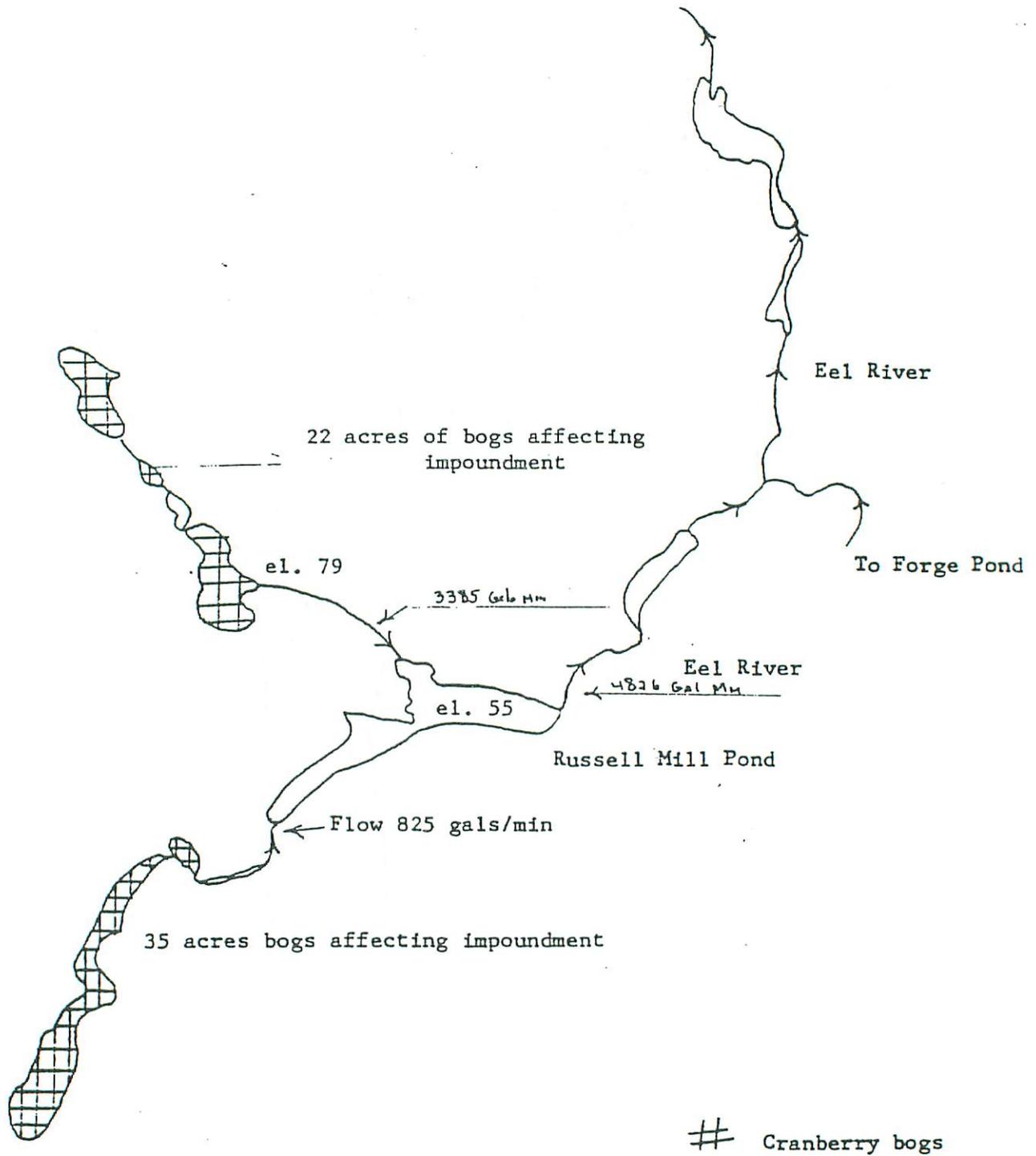
RUSSELL POND



Scale 1:570

RUSSELL MILL FORD

Impoundment Map

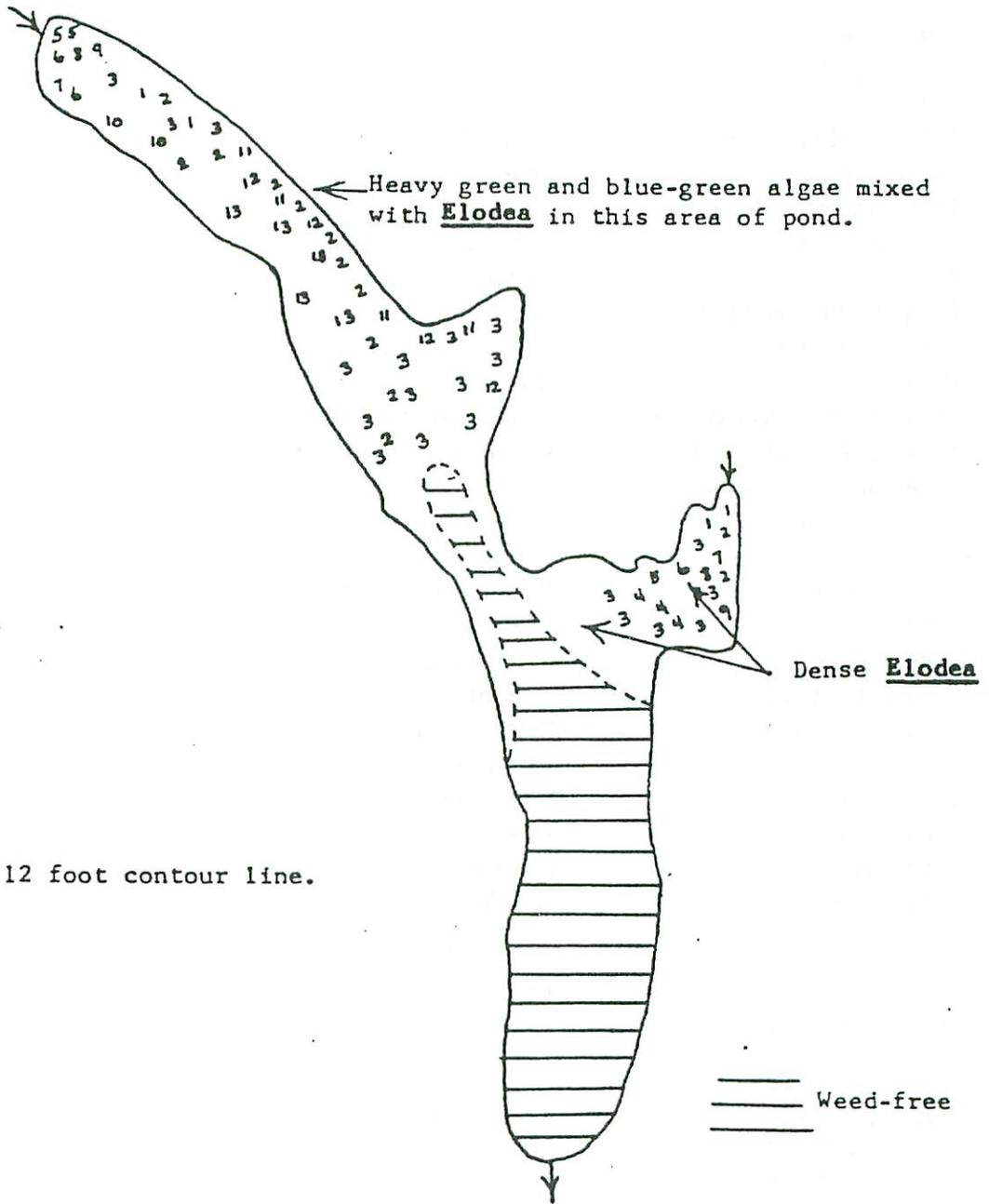


Scale 1:2000'

RUSSELL MILL POND

RUSSELL POND

Submersed Aquatic Plant Map with Key

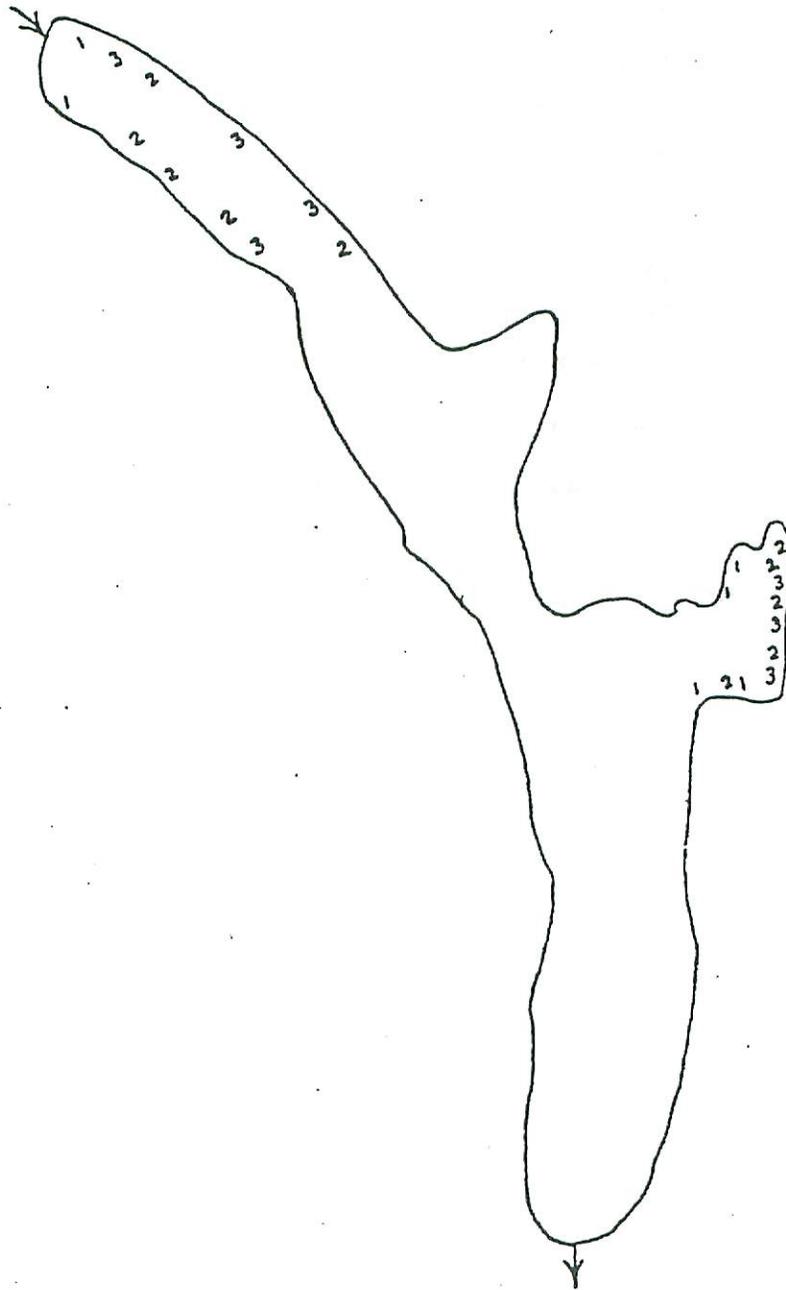
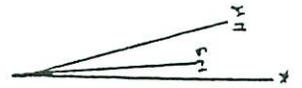


Scale 1:570

SUBMERSED AQUATIC PLANTS

LATIN	COMMON	MAP NUMBER
Potamogeton	Pondweed	1
Potamogeton Americanus		
Potamogeton Ampl. Folius	Large Leaf Pondweed	
Potamogeton Crispus	Curly Leaf Pondweed	
Potamogeton Diversifolius	Waterthread Pondweed	
Potamogeton Filiformus		
Potamogeton Filiosus	Leafy Pondweed	
Potamogeton Gramineus	Variable Pondweed	2
Potamogeton Natans	Floating Brown Leaf	3
Potamogeton Nodosus	American Pondweed	
Potamogeton Pectinatus	Sago Pondweed	4
Potamogeton Praelongus	White Stem Pondweed	
Potamogeton Richardsonii	Richardson Pondweed	
Potamogeton Robinsii		
Potamogeton Vaginatus	Giant Pondweed	
Najas	Bushy Pondweed	5
Zannichellia	Horned Pondweed	
Elodea	Waterweed	6
Ranunculus	Water Buttercup	
Ceratophyllum D.	Coontail	
Myriophyllum	Water Milfoil	7
Alisma	Waterplantain	
Heteranthera D.	Water Star Grass; Mud Plantain	8
Nasturtium	Water, Cress	
Utricularia	Bladderwort	9
Vallisneria	Wild Celery	
	Addenda	
	Algae	
Chlorophyceae	Green Algae	10
Unicellular		
Filamentous		11
Cyanophyceae	Blue Green Algae	12
Unicellular		
Filamentous		13

RUSSELL POND
Emerged Aquatic Plant Map with Key



Scale 1:570

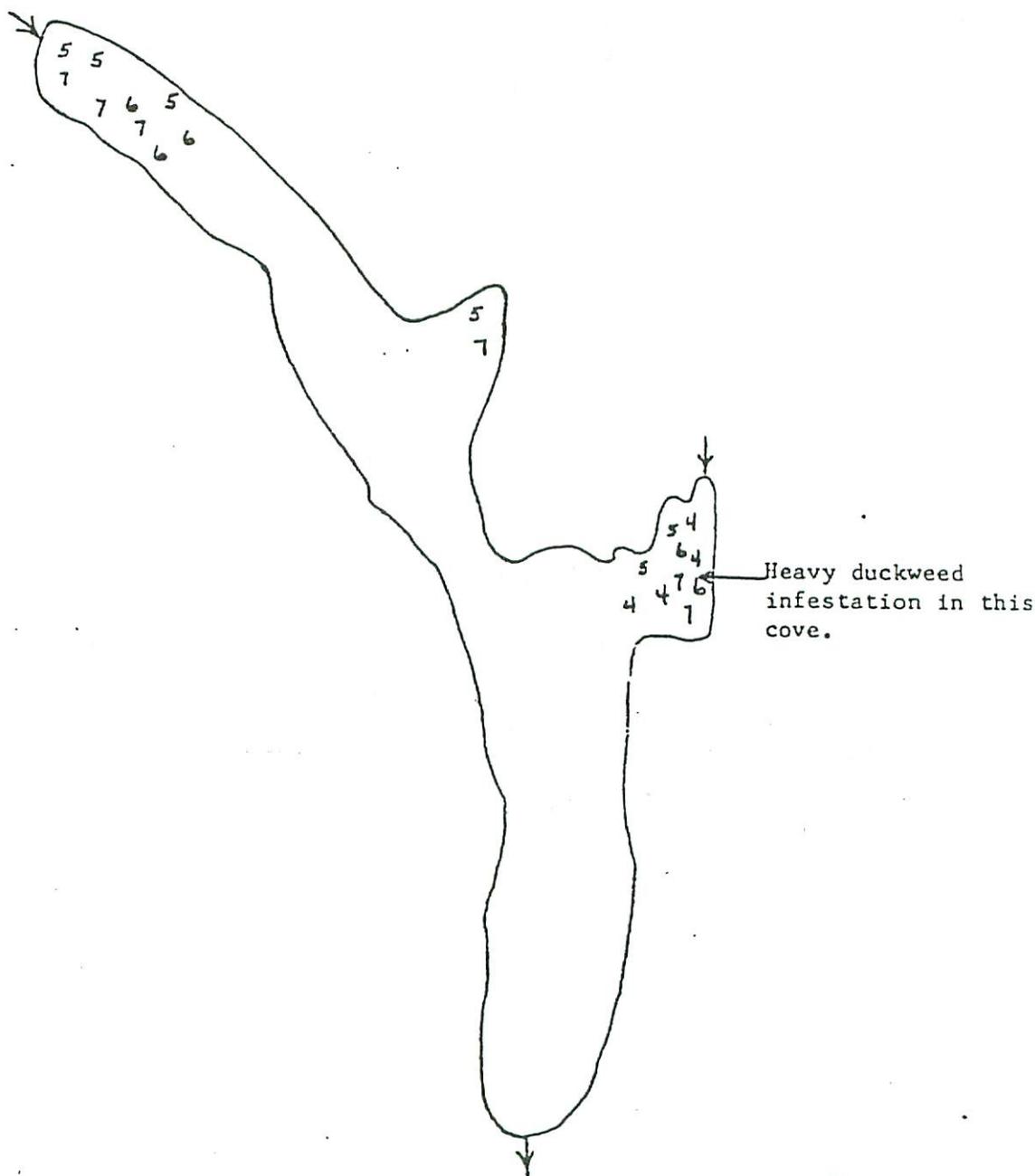
EMERSED AQUATIC PLANTS

LATIN	COMMON	MAP NUMBER
Peltandra	Arrow Arum	
Pontederia	Pickerel Weed	1
Sagittaria	Arrowhead; Duck Potatoe	
Polygonum	Watersmart Weed	
Typha	Cattail	
Eleocharis	Spike Rush Sedge	2
Scirpus	Bulrush Sedge	
Juncaceae	Juncus Rush	
	Addenda	
SPARGANIUM	BWA Reed. -----	3

RUSSELL POND

RUSSELL POND

Floating Aquatic Plant Map with Key



Scale 1:570

FLOATING AQUATIC PLANTS ATTACHED

LATIN	COMMON	MAP NUMBER
Nuphar	Cow Lily, Yellow Water Lily, Spatterdock	5
Nymphaea	Water Lily, White Water Lily	6
Brasenia	Watershield	7
	Addenda	

FLOATING AQUATIC PLANTS - UNATTACHED

LATIN	COMMON	MAP NUMBER
Lemna	Duckweed	4
Spirodela	Big Duckweed	
Wolffia	Watermeal	
	Addenda	

RUSSELL POND
Chemical Sample Stations



Scale 1:570

PHOSPHORUS

The discharge of phosphorus-containing wastewaters into the surface waters of the United States has contributed to their over-fertilization and eutrophication.

Phosphorus is found in wastewater in these principal forms: orthophosphate polyphosphates or condensed phosphates and organic phosphorus compounds.

The quantity of phosphorus resulting from human excretions reportedly ranges from .5 to 2.3 lb. per capita per year. The mean annual excretion is estimated to be 1.2 lb. per capita. The mean annual contribution of phosphorus from synthetic detergents with phosphate builders is estimated to be about 2.3 lb. per capita at present. Thus exclusive of industrial wastes and other phosphorus sources, such as water softening or sequestering agents, the domestic phosphorus contribution to wastewater is about 3.5 lb. per capita per year. The Cornell findings being "human activities are responsible for 75-80% of the dissolved phosphorus reaching the lakes in central New York".

Phosphorus is considered a key element in the eutrophication of surface waters in the New England Region.

Sawyer and Curry and Wilson suggest a concentration of .01 mg/l of inorganic phosphorus as a maximum permissible without the danger of supporting undesirable growths. If the

assets of inorganic nitrogen and phosphorus exceed .3 and .01 - .015 mg/l respectively at start of the growing season, nuisance blooms of algae may occur.

If orthophosphate levels of .01 mg/l or greater occur, then the lake is susceptible to algae blooms and macrophyte growth (Sawyer, Vollenweider).

The so-called Cornell Study "Lakes and Phosphorus Inputs" (see Addenda to this report) reached the important basic conclusion that dissolved phosphorus (organic and inorganic) has a far more important influence on algal growth. This has the phosphorus attached to the soil particles (Particulated). The benthic transfer of nutrients is complex and the transfer to and from the water column is still open to reserve.

The EPA guidelines in its "clear lakes program" states "phosphorus is usually the most important nutrient controlling lake productivity, therefore, total phosphorus (i.e., the phosphorus present in both inorganic and organic, dissolved and suspended forms) is an important measure of trophic state. The dividing line between oligotrophic lakes is usually regarded as 10ug/l (.01 mg/l) and between mesotrophic and eutrophic lakes as about .02 mg/l." Best reading times are in winter months, the most non-productive season.

Concentrations of total more than .01 mg/l in the

groundwater are not considered normal and when this value is attained, a source of contamination is suspect. Soluble phosphorus concentrations in groundwater are virtually non-existent because of chemical fixation and precipitation as insoluble compounds of calcium, magnesium, iron and aluminum; this is in contrast to nitrates which have greater mobility. In the Carver Soil Series, however, fixation is virtually non-existent.

Phosphate is usually strongly sorbed by aquifer materials except in sandy areas. Quartz and other sands that have low iron, carbonates, aluminum, clay mineral and organic content will readily transport phosphate in groundwater.

In sandy soil such as those contacted in southern Massachusetts, it is found that the sorption capacity of the sandy soil is exceedingly small with the results that septic tank disposal systems located in the watershed area with sandy soil rarely have problems with plugging. Those systems readily transmit the nutrients from the household to a nearby water course via ground water. High phosphorous readings in aquifer and springs feeding Little Long Pond are evidence of this phenomenon.

According to a Cornell study, the phosphorous content of domestic sewage ranges from 1 - 2 kilograms (2.2 - 4.4 lbs.) per capita per year depending primarily on whether laundry

detergents containing phosphates are being used by households. A recent study made in Vermont showed that all the lakes so tested were found to be phosphorous-limited.

A Cornell research team conducted a study of 13 lakes in central New York. This study led to a quantitative expression of the relation between phosphorous loading and concentrations of algae.

Phosphorous in runoff occurs in three general forms:

1. Dissolved organic
2. Dissolved inorganic
3. Particulated

The dissolved phosphorous in both forms has a far more important influence on algal growth than has phosphorous which is attached to soil particles.

Sources of Dissolved Phosphorous:

- Sewage - 55%
- Agricultural runoff - 18%
- Forest runoff - 15%
- Residential runoff - 6%
- Atmospheric fall-out - 6%

THE CHEMISTRY OF PHOSPHORUS IN MINERAL SOILS

Natural occurrence of phosphorus in mineral soils:

At any one time the amount of phosphorus in the soil solution is very small. Thus even in the most fertile soils the concentration is much less than 1/2 ppm.

The four main groups of phosphorus compounds in soils are as follows:

- 1) compounds of calcium and phosphorous or magnesium and phosphorus
- 2) phosphorus with organic matter
- 3) compounds of iron, aluminum and phosphorus
- 4) compounds of the apatite class
- 5) colloid and clay complexes or soils

Calcium and magnesium phosphates are usually insoluble and unavailable for plant use. This is a common occurrence in sandy soil types, such as those in Plymouth.

Phosphorus with organic matter, usually in high organic soils, and not a factor in the Outwash Plain complex.

Iron and aluminum phosphates have a low availability to plant growth. In fact, the solubility factor is low.

Apatite (calcium fluorphosphate) class of basic rock from which soil was derived is very resistant to action of water and other solvents. It is present in mineral soils and is very low in availability to plant growth. Again, an

occurrence in Outwash Plains.

The mineral soils, that make up the Outwash Plain of Plymouth, are of two basic types: The Carver and Gloucester series. In this complex the Carver is the predominant series.

Both mineral types are made up of mainly granite, gneiss feldspar and quartz.

For the sake of brevity, the following very brief descriptions are in order.

Gneiss is a coarse-grained rock composed of quartz, feldspar and mica.

Granite is also composed of quartz, feldspar and mica.

Quartz is silicon dioxide SiO_2 .

Feldspar is mainly aluminum silicates.

Mica is mainly complex silicates.

Mineral soil phosphorus presents a difficult problem in so far as it is available to plant life. The various soil phosphates are very insoluble and even when the normal agent, carbon dioxide (CO_2) is supplied in large amounts, the rate of solution is slow. The situation is made still more difficult by the small amounts of the element present.

A sample soil formula would be as follows:

Wisconsin, were also contributing factors to the soil profile, though to a lesser degree.

There has been research data on the late tertiary deposits (i.e., miocene deposits).

The miocene deposits have been partially located at North Truro and Provincetown. Well drilling 75 to 180 feet below sea level may have encountered this layer. The conclusion reached in the Strahler Report was "The layer of miocene deposits is probably patchy in distribution and not significant in terms of water resources". It certainly would not be a factor on the unconfined aquifer at these depths.

The Woodsworth and Wigglesworth Report: Phosphatic² materials in miocene green sands and the American Association of Petroleum Geologists have pinpointed various miocene deposits in New England.

Deposits have been found at Third Cliff in the Marshfield Hills, Marshfield and Duxbury and Gay Head on Martha's Vineyard. No known deposits have been found in Plymouth.

The deposits mentioned above could in no way affect the unconfined aquifer in Plymouth for one outstanding reason. The groundwater flow is generally from the Northwest to the Southeast, well beyond the location of the deposits.

Another argument could be reasonably injected; the

overall results in phosphate testing would indicate no concentrated deposits at this time.

¹Calcium phosphate of shells or boits is not available as such to plants. Acid soils usually turn calcium phosphates into more soluble forms (plant available), giving a continual supply. However, phosphorus loses its availability in soils basically rich in iron and aluminum, both present in the Plymouth soil series.

²Available means available phosphorus acids as used by plants P_2O_5 . This is needed for plant protoplasm. Necessary for photosynthesis.

³Horizonation of soil series in Plymouth caused by:

- 1) leaching of salts and carbonates
- 2) Accumulation of organic matter and sesquioxides
(3 atoms of oxygen with 2 other elements or radicals)
- 3) Downward movement of silica
- 4) Residual concentration of silica in upper moraines
- 5) Reduction and transfer of iron and aluminum
- 6) Some destruction of silicate clay minerals
- 7) Some movement of clay and silt-size particles

NITROGEN

According to Sawyer, the critical concentration of nitrogen, below which algal growths were not troublesome, was .3 mg/l, provided that phosphorus was kept below .015 mg/l.

For some algae, the optimum nitrogen:phosphorus ration appears to be about 30:1, for other algae rations 15.18:1.

The presence of .01 mg/l of phosphorus and .30 mg/l of inorganic nitrogen in ponds or lakes at the time of spring overturn will probably foster the production of algae bloom.

Gerloff and Skoog suggest that in many instances nitrogen rather than phosphorus may be the limiting element in the growth of algae.

Imhoff and Mueller point out that enormous growth of plants in streams, lakes and ponds does not occur if the nitrate as N is kept below .3 mg/l and the total nitrogen as N is below .6 mg/l.

According to Lavfer, a generally accepted limit for free ammonia for sanitary purity of water supplies is between .05 and .10 mg/l. Although free ammonia is often of vegetable origin and without hygienic significance, its concentration of plus .10 mg/l renders water suspect of recent pollution.

Nitrites in water are generally formed by the action of bacteria upon ammonia and organic nitrogen. Owing to the

fact that they are quickly oxidized to nitrates, they are seldom present in surface water in significant concentrations. In conjunction with ammonia and nitrates, nitrates in water are often indicative of pollution.

As a very important nutrient and a common constituent in septic tank effluent, nitrogen has a much greater mobility than phosphorus and hence as an indicator would be first to make its appearance.

The nitrogen cycle in surface waters and lake sediments. A modified representation of the nitrogen cycle applicable to the surface water environment is presented in figure 4. Nitrogen can be added by precipitation, dustfall, surface runoff, subsurface groundwater entry and direct discharge of wastewater effluent. In addition, nitrogen from these can be fixed by certain photosynthetic blue-green algae and some bacterial species.

Within the aquatic environment, ammonification, nitrification, assimilation and dehydrification can occur as shown in figure 5. Ammonification of organic matter is carried out by microorganisms. The ammonia thus formed, along with nitrates, can be assimilated by algae and aquatic plants, such growths may create water quality problems.

The nitrogen cycle in soil and groundwater. Figure 5 shows the major aspects of the nitrogen cycle associated

with the soil/groundwater environment. Nitrogen can enter the soil from waste water or waste water effluent, artificial fertilizers, plant and animal matter, precipitation and dust-fall. In addition, nitrogen-fixing bacteria convert nitrogen gas into forms available to plant life. Usually more than 90% of the nitrogen present in soil is organic.

The nitrate content is generally low due to assimilation by plant roots and leaching by water percolating through the soil. Nitrate pollution is the principal groundwater quality problem in many locations.

GENERAL GUIDELINES

	Permissible Levels	Critical
Total phosphorous mg/l	.025	.04
Orthophosphorous mg/l	.004	.01
Organic Nitrogen mg/l	.20	.40
Ammonia mg/l	.02	.05
Nitrate mg/l	.10	.25
Nitrite mg/l	less than .001	.002
Inorganic Nitrogen mg/l	.12	.30

The general approach is to stress violation of coliform bacteria standards, research shows that nutrient pollution over a period of time is as important, or may be more important than bacterial pollution. A set of general standards should be put forth and it is suggested that violation of nutrient standards be incorporated in the pollution standards.

Incorporation of the above nutrient levels in the general pollution standards would be a positive approach toward solving the problem of nutrient loading from all sources and would redefine pollution as it is generally understood.

In all stations all readings of phosphorus and nitrates were high.

In all, the tributaries are affected by about 60 acres of agriculture activity. As this pond is almost completely tributary fed, the high readings reflect the main causes, agriculture impact on the ecosystem and whole watershed area.

Russell Mill

Chemical Parameters

Station No. 1

	Total Phosphorus Mg/L	Nitrate N Mg/L	Nitrite N Mg/L	Kjeldahl N Mg/L
January			less than .005	
February			"	
March	.10	.05	"	.40
April	.14	.06	"	.50
May 15	.10	.05	"	.40
May 30	.10	.07	"	.65
June 15	.08	.07	"	.75
June 30	.09	.20	"	.50
July 15	.09	.20	"	.50
July 30	.10	.20	"	.65
August 15	.09	.237	"	.50
August 30	.10	.21	"	.50
September	.09	.21	"	.55
October	.10	.15	"	.45
November				
December				

Russell Mill

Chemical Parameters

Station No. 2

	Total Phosphorus Mg/L	Nitrate N Mg/L	Nitrite N Mg/L	Kjeldahl N Mg/L
ary			Less than .005	
uary				
h	.02	.025	"	.41
l	.02	.03	"	.55
15	.02	.03	"	.40
30	.03	.04	"	.65
15	.03	.03	"	.50
30	.03	.02	"	.75
15	.03	.03	"	.75
30	.06	.04	"	.45
t 15	.09	.025	"	.50
t 30	.09	.04	"	.50
mber	.07	.03	"	.45
er	.05	.04	"	
er				
er				

Russell Mill

Chemical Parameters

Station No. 3

	Total Phosphorus Mg/L	Nitrate N Mg/L	Nitrite N Mg/L	Kjeldahl N Mg/L
January			less than .005	
February				
March	.015	.025	"	.25
April	.015	.025	"	.25
May 15	.015	.03	"	.35
May 30	.02	.03	"	.40
June 15	.02	.03	"	.40
June 30	.02	.05	"	.75
July 15	.02	.10	"	.80
July 30	.03	.10	"	.80
August 15	.07	.237	"	1.0
August 30	.08	.20	"	.90
September	.08	.20	"	.80
October	.05	.20	"	.80
November				
December				

Russell Mill

Chemical and Physical Parameters

Station 3

	Temp. F ^o	Temp. C ^o	Secchi Feet	Secchi M	Conductivity Mhos/cm	Ph Standard Units	Do	Total Hardness	Total Alkalinity
y									
ry									
	5.0		7		128	7.0	10	18	
	10.0		7		135	6.9	10	19	
	13.5		7		140	6.9	10	19	
	17.0		7		148	7.0	8	19	
5	18.1		6		163	7.1	8	18	
0	19.5		6		178	7.0	8	20	
5	20.0		6		173	7.0	8	20	
0	20.5		6		158	6.9	8	17	
15	21.0		6		162	6.9	8	20	
30	20.0		7		143	6.9	8	18	
ber	20.0		7		154	7.0	9	17	
r	15.0		7		134	7.0	10	19	
er									
er									

Russell Mill Pond

Heavy Metals

Natural waters may contain elements other than those considered by EPA standards. Manganese is commonly found. Aluminum, zinc, and copper are usually found in natural waters in varying quantities. Traces of molybdenum, gallium, and nickel have been occasionally found.

A new test was run on Hexavalent Chromium, for this is a carcinogen. All the analyses checked by the Texas Instrument Company Lab show all metals well within the range commonly found in natural waters. It can be concluded that industrial wastes do not present a problem in either by ground water or by rain.

Metal	EPA 1976 Drinking Water Standards	N.Y. State Ground Water Regulations	Proposed EPA Ground Water Classification	Russell Mill Pond
Zinc	-	.6	5.0	.004
Cadmium	.01	.02	.01	.001
Selenium	.01	.02	.01	.006
Gold	-	-	-	-
Iron	-	.06	.3	.035
Palladium	-	-	-	.001
Aluminum	-	-	-	.08
Copper	.1	.4	-	.009
Nickel	-	-	-	.006
Lead	.05	.1	.05	.02
Chromium	.05	.1	.05	.008
Boron	-	.01	-	.001
Chromium (Hexavalent)*	.05	.1	.05	.008

* noted carcinogen

- = not considered to date

HEAVY CHEMICALS, HEAVY METALS AND AQUIFER POLLUTION

The Carver soil series and all sand and gravel soil series have a potential aquifer pollution problem with heavy metals and chemical compounds as they have with nutrient compounds, along with the added problems of density. Many industrial land-fill and household contaminants have a much greater density range than with the nutrient chemicals. Thus, along with solubility and aquifer flow you have the added factors of gravity and density to consider in the diffusion of contaminants. The effect of densities of various pollutants on the migration in an unconfined aquifer is shown in figure 6.

Products of greater densities fall to the base of the aquifer and flow generally in the direction of, from greater to lesser slopes of the confining bed, with some small amounts following the direction of groundwater flow, the quantity depending on the solubility and the amount.

Materials of lesser densities generally follow the direction of the flow of the aquifer.

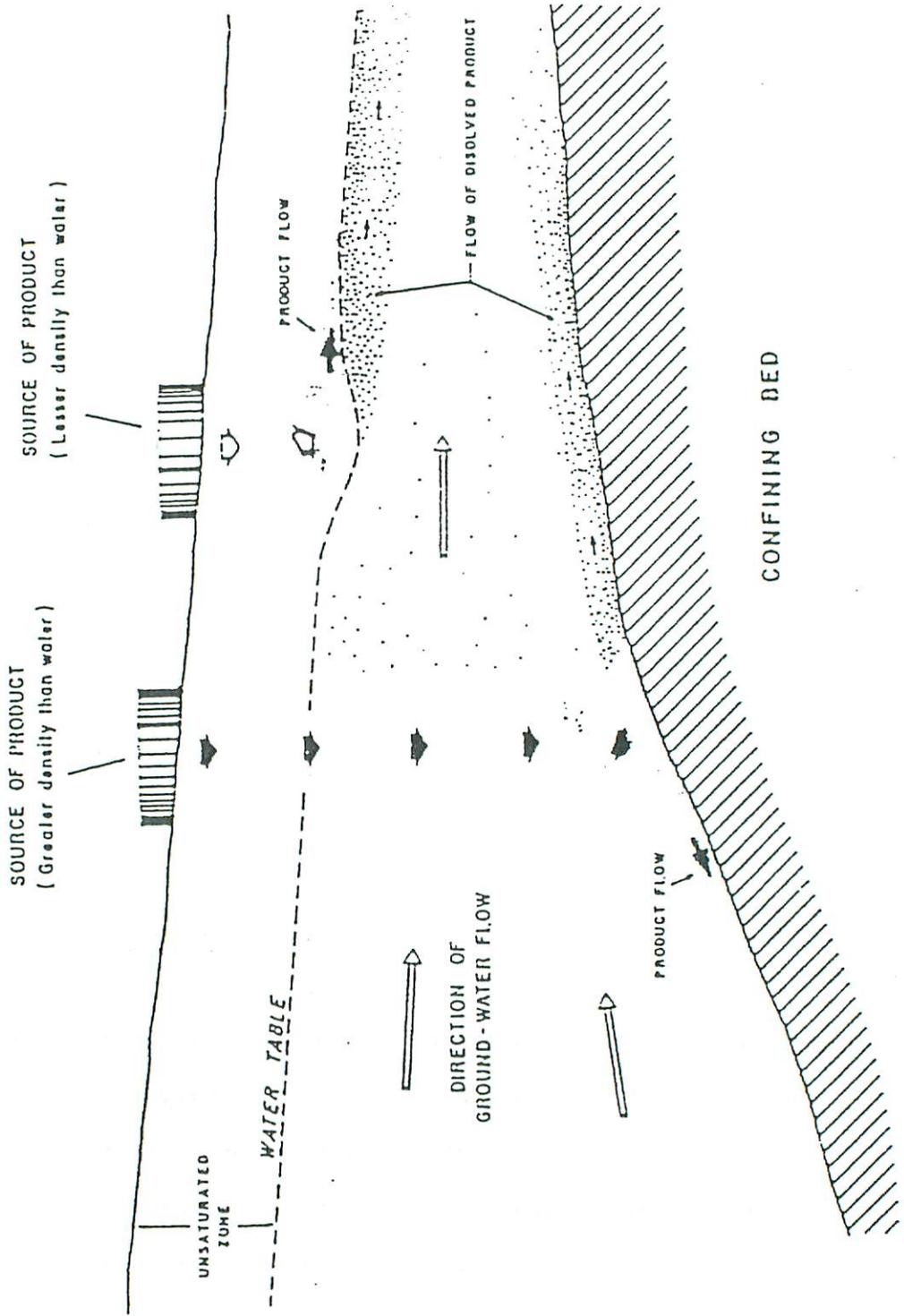
In the landfill area of Plymouth, the density and solubility parameter become important factors, as the landfill is located on the Ellisville Moraine, situated between the Manomet outwash plain and Manfields and the Wareham outwash plain.

Periodic monitoring of lakes, ponds, kettleholes and stratigraphically situated wells for heavy metals, industrial wastes and household contaminants is strongly suggested so as to pick up at once aquifer damage

and any upward trends in quantities which would give first warning signs.

heavy metals readings are all well within the known standards. However, future periodic testings should include phenolic compound, chlorides, fluorides, sulfates, cyanides, magnesium and manganese. As new standards and testings are continually being added to this parameter, close touch should be maintained with the most recent developments.

Figure 6



Effects of density on migration of contaminants.

Russell Mill Pond

Biological Measurements

Pigment, Genera Volume

Diatoms

Cyanophyta

Chlorophyta

Flagellates Chlorophylla

Blue Green Algae

Green

Unicellular Filamentous

Unicellular Filamentous

Mg/M³

Cells/Ml

Cells/Ml

Cells/Ml

Cells/Ml

Cells/Ml

Cells/Ml

MG/M³

	Cells/Ml	Cells/Ml	Cells/Ml	Cells/Ml	Cells/Ml	Cells/Ml	MG/M ³
January							
February							
March	15	9	10	64	5	91	5
April	17	11	20	84	23	111	7
May 15	21	25	27	81	27	105	12
May 30	35	26	31	161	31	125	19
June 15	55	29	35	165	36	124	26
June 30	70	76	36	170	51	131	51
July 15	90	84	38	181	55	125	115
July 30	105	85	51	191	61	126	126
August 15	110	115	52	185	68	154	125
August 30	109	135	54	161	65	125	141
September	105	125	55	172	67		132
October	85	106	48	98	63		
November							
December							

Russell Mill Pond

BENTHOS

Parameter	Station 1	Station 2	Station 3	Station 4
Total P /L	323	325	275	
Total N /L	71	93	110	
Percent ids	5.1	6.0	7.2	
Total Volatile ids	.117	1.1	.80	

Russell Mill
Nutrient Budget

Tributary	Total Flow G.	Total P PPM ^{*2}	lbs./Month	Total N PPM ^{*3}	lbs./Month
1	35,640,000	.10	29.73	.113	33.6
2	135,232,000	.049	55.29	.033	37.23
3					
Total					
Outfall					
1	208,440,000	.04	69.57	.10	173.93
2					
3					
Total					
Rainfall ^{*1}					
In lake	Total Gallons	Total PPM ^{*2}	lbs./Month	Total PPM ^{*3}	lbs./Month
	123,171,678				

*1 Rainfall - Phosphorus data not available NH₄ .48 PPM No₃ 1.96 PPM.

*2 Total P. = All orthophosphates, condensed, organic and inorganic species.

*3 Kjeldahl Nitrates, Nitrites.

Macrophyte, Microphytes and Nutrient Utilization

The period of greatest biological activity occurs in a lake or pond ecosystem during the months of July and August. This is the period of maximum utilization of nutrients by both plants and algae. The long periods of daylight, coupled with high water temperatures, provide the physical thrust for this utilization. So it is at this period the limiting nutrient, as well as others, are shown in many cases to be the lowest of the readings during the yearly cycle.

A phosphate reading in March might be .08ppm, and in the same system read as low as .01 - .02 ppm in July and August. Thus, it is that nutrient reading at the season of maximum activity in the biomass could well be below the accepted eutrophication level in a high eutrophic lake, and might even approach oligotrophic levels.

It is for this reason that nutrient readings taken in the spring and fall overturn, in stratified lakes, are the real indicators of the trophic condition of the lake. The late fall, winter, and early spring readings for non-stratified bodies of water are the indicators of the actual trophic condition of these lakes and ponds.

HYDROLOGY, GROUNDWATER GEOLOGY

Nearly all of Plymouth and parts of Carver, Wareham, and Bourne lie over an unconsolidated aquifer, "The Plymouth Aquifer". This aquifer is located primarily in the soil series called "The Carver Series."

This series is exceedingly well drained and the water moves rapidly through the soil profile to the ground water, with little or no purification action. The surface run-off is very low, and infiltration capacity is very high in the Carver soils. This combination of physical factors endangers the water table. The general flow of the aquifer is from northwest to the southeast.

There are two types of aquifers: the water table (unconfined aquifer)(see fig. and the artesian (confined aquifer). The type that concerns this report is the unconfined and not the artesian classification, although the protection of the upper (unconfined) would lead generally to the protection of the other.

In an unconfined aquifer the water is under atmospheric pressure and the upper saturated surface is known as the water table. The water table is responsible to changes in the amount of stored water and fluctuates seasonally in response to the variations in the rate of natural recharge. The principal source of natural recharge to a water table aquifer is precipitation.

An example of this is the lowering of the water table in many kettleholes in Plymouth, i.e. Island Pond, Sandy Pond, and Clear Pond. Also, the various ponds (natural) spring fed, i.e. Little Herring into Great Herring Sea, (flow data in Great Herring report), reflect a corresponding raising and lowering of flow volume due to atmospheric recharge.

The rainfall in 1983 being 30 inches, as against 42.5 normal, a deficit of 13.1 inches. The deficit is reflected in general lowering of the water level in the various kettleholes. Thus reflecting a variation of precipitation in a corresponding lowering or raising of the water table.

Streams can be areas of recharge to or discharge from the water table aquifer. Groundwater in an aquifer is constantly moving from points of recharge towards points of discharge. The movement of ground water is from regions of high hydrostatic head towards those of lower hydrostatic head. See figure 2, for these interrelations.

Discharge locations for aquifers can be springs, pumped wells, gaining streams and swamps, ponds, lakes and the sea.

Confined or artesian aquifers are bound above and below by geologic formations of lower permeability. The aquifers can receive recharge from leakage out of confining beds or from precipitation and surface water bodies in the outcrop area of the aquifer. See figure 1, ground water discussion.

The velocity of flow of ground water may in any aquifer be as low as 10 feet per year and only in coarse material or fissures does the velocity exceed 1 mile per year. Coupled with minimum rates of lateral and vertical diffusion, the low velocities of flow cause two significant conditions to develop in ground water basins or streams. First, pollution that is being added to the ground at one point may not affect the quality of water supplies or water quality in surface waters at nearby points for many years, or at distant points for decades, consequently, no complaints are registered and no one may be aware of the damage being done. Second, when pollution is finally discovered or when the quality of water is degraded, the damaged cannot be repaired or otherwise rectified merely by stopping the pollution, for purification by leaching and dilution will require a longer time than the period of original pollution. Thus the speed of groundwater pollution depends on many things but the primary self-evident conclusion is that soil types govern a great deal the speed of contamination.

Well drained soils, Geology, and potential Aquifer Pollution

Investigations of Childs 1972a, Childs 1972b, Dudley, and Stephenson 1973 show the soil problem areas.

1. Where coarse sands and gravels are principle sub-soil materials
2. Very impermeable materials where the effluent may become ponded above horizons at short distances from the point of release.
3. In poorly drained soils with high water tables.

Soils that percolate water very quickly are most often inadequate in terms of removing waste water impurities, such as bacteria, phosphorus and nitrogen. These impurities can cause potential ground and surface water pollution problems. See figure 3.

Lot sizes and set backs, type of sewage system should be determined by soil type, along with the soils hydraulic capabilities, purification capabilities, and physical constraints. The slope problem should be part of the consideration.

The present methodology in regards to percolation rates should be upgraded so as to accurately assess the soils ability to remove pollutants at potential leach field sites.

The characteristics of the Carver soils makes the whole ecosystem susceptible to groundwater contamination. Many of the lakes, ponds, and kettleholes in

Plymouth are fed by aquifers and any nutrients transferred by this means aids in the eutrophication of these systems. Long-range safe guards must be implemented to protect this valuable natural resource.

Figure 1

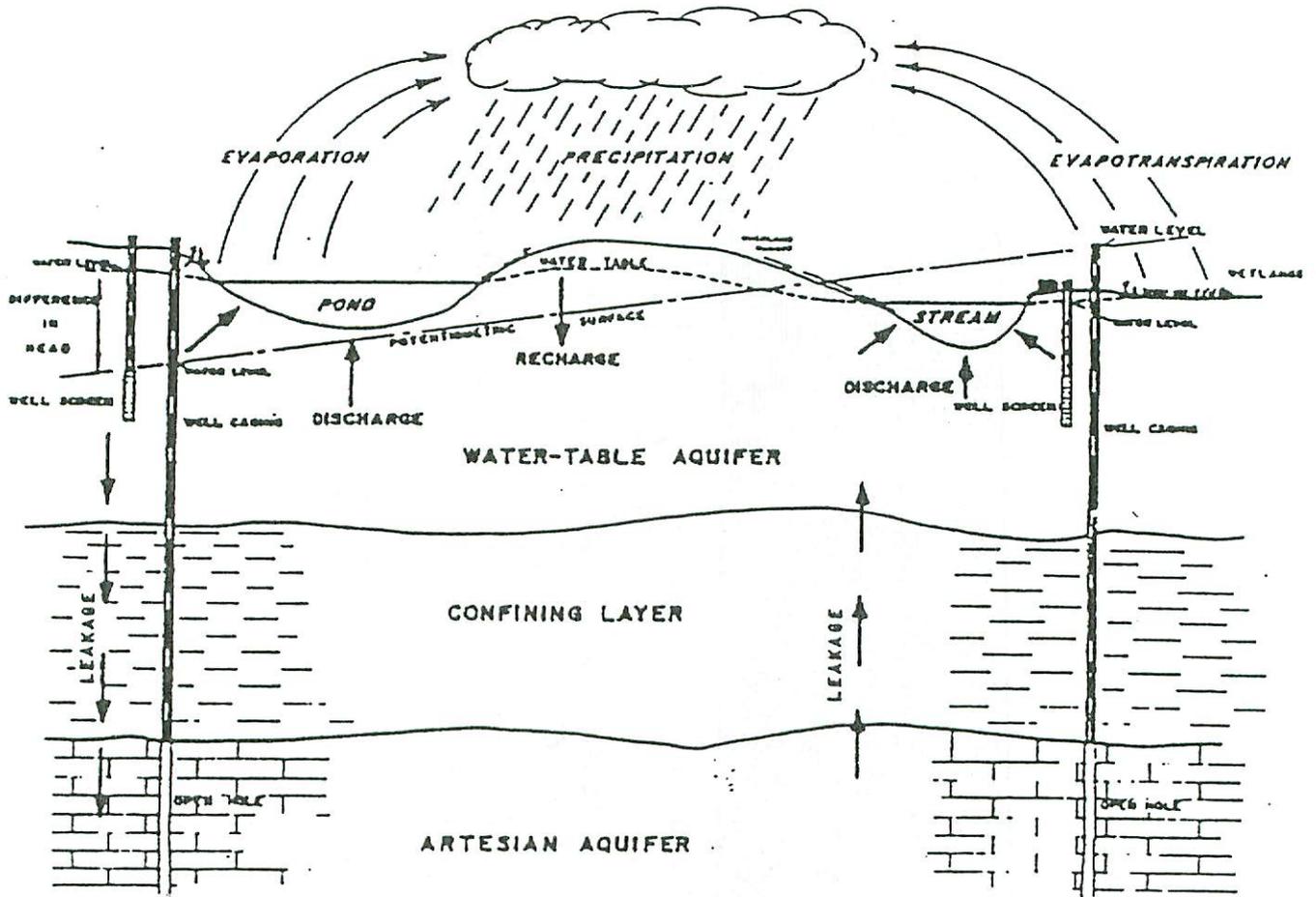


Illustration of relationships within the hydrologic system.

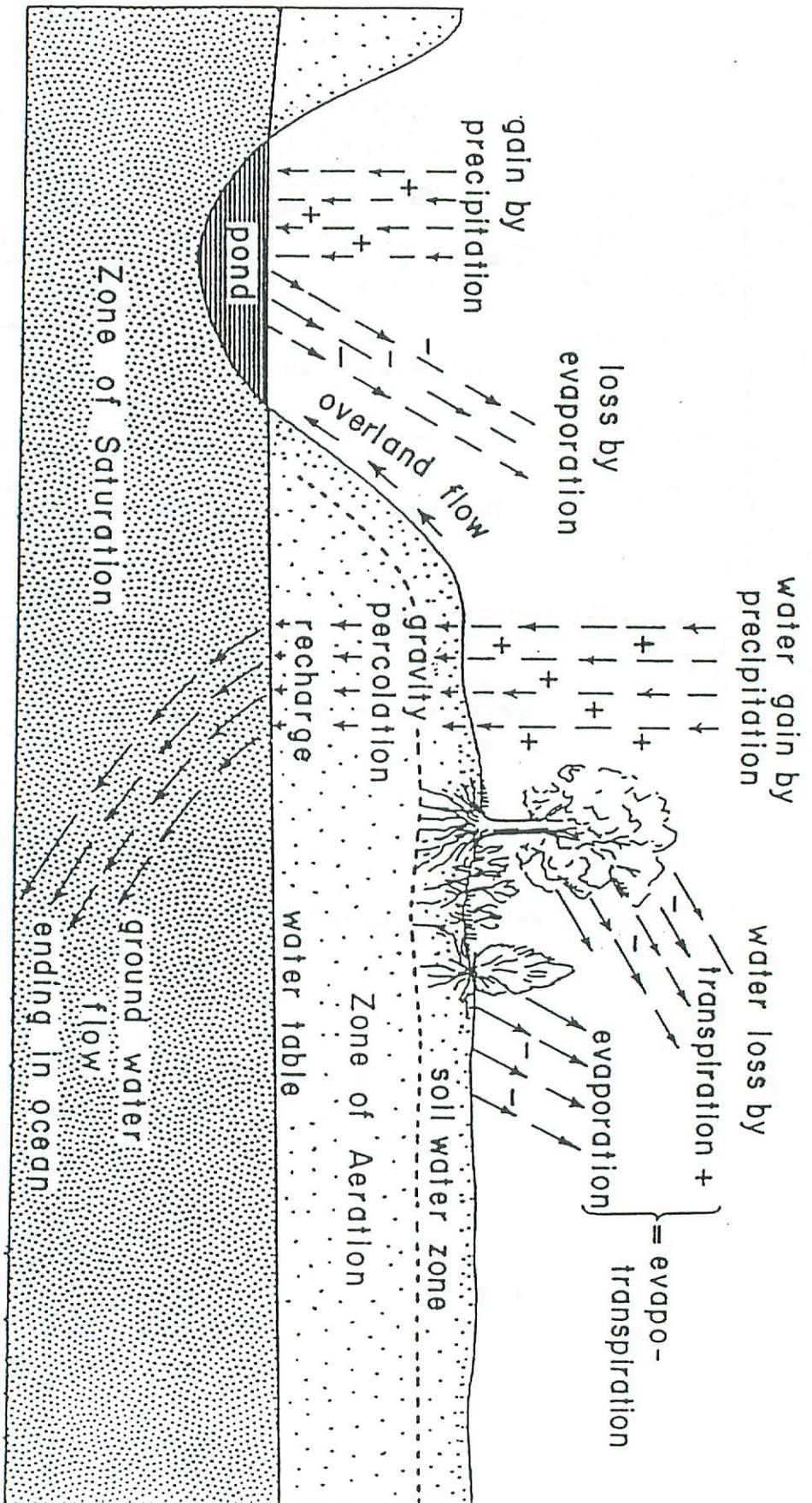
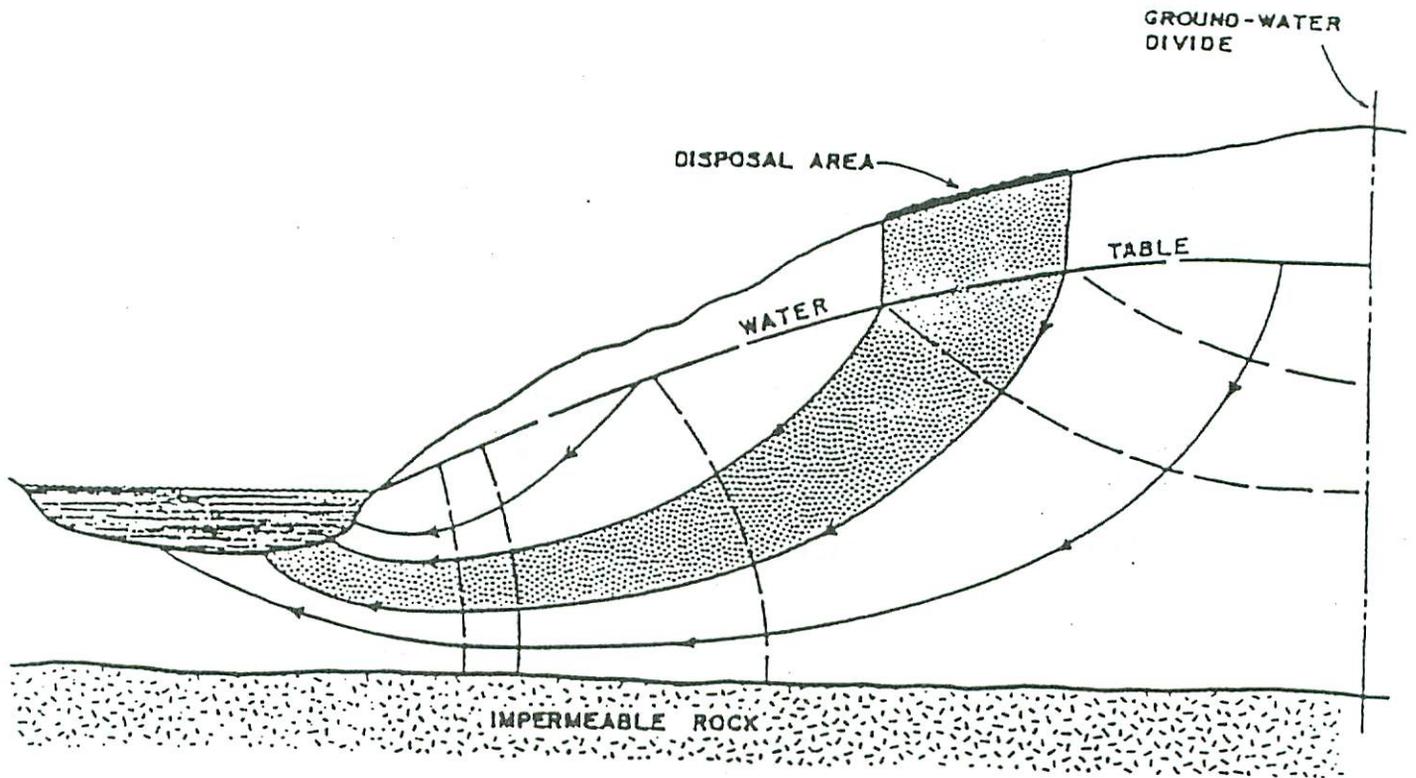


Figure 2

Figure 3



NOTE: DRAWING NOT TO SCALE.
CONSIDERABLE VERTICAL
EXAGGERATION

- LEGEND**
- FLOW LINES
 - - - - EQUIPOTENTIAL LINES
 - ▒ CONTAMINATED GROUND WATER

Flow in a water-table aquifer (humid region).

Russell Mill

HYDRAULIC PARAMETERS

Hydraulic Budget	Gallons	Liters	Inches	cm.
Precipitation	38.6 mg	146.1 ml	33.92	86.16
Inflow surface streams tributaries	1544.8 mg	5847.06 ml		
Inflow thru lake bottom aquifer recharge	38.3 mg	1597 ml		
Evaporation	34.7 mg	131.3 ml	30.42	77.27
Flow thru surface outlet outfall	1587 mg	6006.8 ml		
Outflow thru lake bottom				

Hydraulic Residence Time 20.96 days

Flushing Rate 18.8 days

mg = million gallons

ml = million liters

HYDRAULIC PARAMETERS MONTHLY

	Trib. 1	Trib. 2	Aquifer Inflow	Rainfall	Rainfall	Outfall	Outfall	Evap. *	Evap.	Lake Bottom Loss	T. Gain	T. Loss
	Gallons	Gallons	Gallons	Inches	Gallons	Gallons	Gallons	Inches	Gallons			
January												
February	mg	mg			mg	mg			mg			
March	155.1	42.8		3.98	4.5	208.1						
April	150.1	38.8		3.75	4.3	199.1		3.48	3.97			
May	142.2	35.8		3.85	4.39	189.2		5.09	5.8			
June	138.1	27.9		2.96	3.37	162.1		6.06	6.9			
July	129.2	25.1		2.86	3.26	157.1		5.62	6.4			
August	128.1	26.2		4.41	5.0	158.3		4.96	5.7			
September	123.9	26.5		3.4	3.88	157.9		3.17	3.6			
October	142.2	29.3		3.8	4.3	167.5		2.04	2.3			
November	143.6	39.9		4.91	5.6	187.4						
December												
Totals	1252.5	292.3		33.92	38.6	1586.7		30.42	34.7			

mg=million gallons

*-used government data (see addenda)

GEOLOGY

Soil Series Discussion

Carver soil series consist of excessively drained, nearly level to steep sandy soils that formed in thick deposits of coarse, pebbly quartz sand. In most places, Carver soils are coarse sand, but in some places the surface layer and the upper part of the subsoil are loamy coarse sand. Water moves rapidly downward through the solum and underlying substratum. These soils do not retain sufficient moisture for good plant growth and are extremely acid.

Carver soils are excessively drained. The permeability of Carver soils is a rapid 6.3 inches per hour. This was the most rapid ecosystem susceptible to groundwater contamination. Many of the lakes, ponds and kettleholes in Plymouth County are fed by aquifers and Little Long is one such example (see hydrologic information), and any nutrients transferred by this means aids in the eutrophication of these systems. Long range safe guards must be implemented to protect this valuable natural resource.

CcD - Carver and Gloucester soils - 8-35% slopes

These soils occupy moraines in the southeastern parts of the county. Sandy Carver soils make up about two-thirds of this unit, and extremely stony Gloucester soils make up the rest.

Gloucester series soils are nearly level to steep, well drained, and somewhat excessively drained soils that formed in glacial till, derived chiefly from granite.

Gloucester soils are extremely stony except where they have been cleared for tillage.

Unmarked areas: No danger to aquifers with normal use.

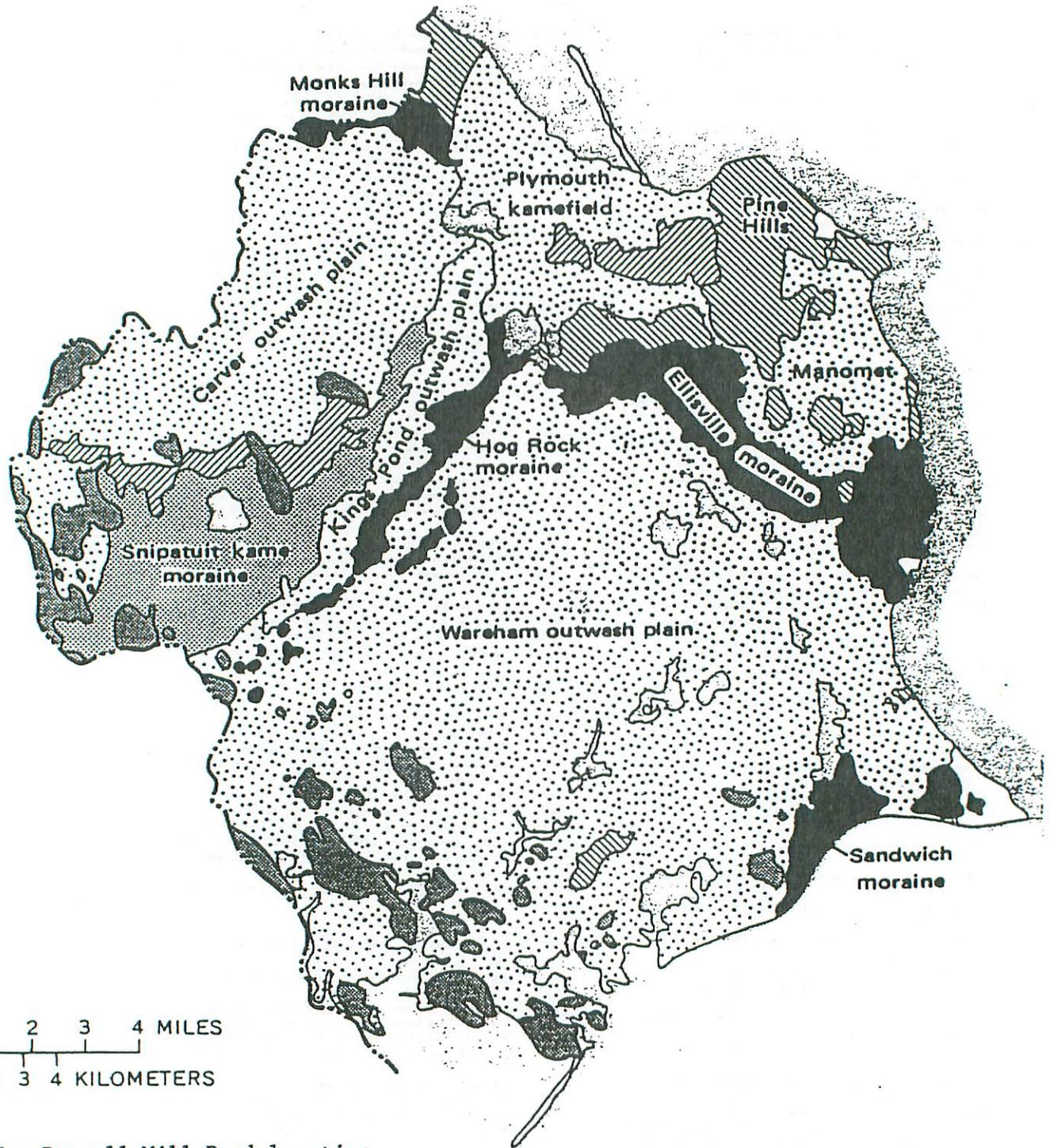


RUSSELL MLL POND
RUSSELL POND

SOIL LEGEND

The first capital letter is the initial one of the soil name. A second capital letter, A, B, C, D, or E, shows the slope. Symbols without a slope letter are those of nearly level soils or land types.

SYMBOL	NAME	SYMBOL	NAME
AfA	Agawam fine sandy loam, 0 to 3 percent slopes	Ma	Made land
AfB	Agawam fine sandy loam, 3 to 8 percent slopes	MeA	Merrimac fine sandy loam, 0 to 3 percent slopes
AgA	Agawam fine sandy loam, silty subsoil variant, 0 to 3 percent slopes	MeB	Merrimac fine sandy loam, 3 to 8 percent slopes
AgB	Agawam fine sandy loam, silty subsoil variant, 3 to 8 percent slopes	MeC	Merrimac fine sandy loam, 8 to 15 percent slopes
AuA	Au Gres and Wareham loamy sands, 0 to 3 percent slopes	MFA	Merrimac sandy loam, 0 to 3 percent slopes
AuB	Au Gres and Wareham loamy sands, 3 to 8 percent slopes	MFB	Merrimac sandy loam, 3 to 8 percent slopes
BaA	Belgrade silt loam, 0 to 3 percent slopes	MFC	Merrimac sandy loam, 8 to 15 percent slopes
BaB	Belgrade silt loam, 3 to 8 percent slopes	MFE	Merrimac sandy loam, 15 to 35 percent slopes
BbB	Bernardston silt loam, 3 to 8 percent slopes	Mu	Muck, shallow
BbC	Bernardston silt loam, 8 to 15 percent slopes	Mv	Muck, deep
BcB	Bernardston very stony silt loam, 3 to 8 percent slopes	NaA	Ninigret sandy loam, silty subsoil variant, 0 to 3 percent slopes
BcD	Bernardston very stony silt loam, 8 to 25 percent slopes	NaB	Ninigret sandy loam, silty subsoil variant, 3 to 8 percent slopes
BdA	Birdsall silt loam, 0 to 3 percent slopes	NaA	Narwell sandy loam, 0 to 3 percent slopes
Ba	Borrow land, loamy material	NaB	Narwell sandy loam, 3 to 8 percent slopes
Br	Borrow land, sandy and gravelly materials	NaA	Narwell extremely stony sandy loam, 0 to 3 percent slopes
BrA	Brockton loam, 0 to 3 percent slopes	NaB	Narwell extremely stony sandy loam, 3 to 8 percent slopes
BrA	Brockton extremely stony loam, 0 to 3 percent slopes	Pe	Peat
CaA	Carver coarse sand, 0 to 3 percent slopes	PrA	Pittstown silt loam, 0 to 8 percent slopes
CaB	Carver coarse sand, 3 to 8 percent slopes	PuB	Pittstown very stony silt loam, 3 to 15 percent slopes
CaC	Carver coarse sand, 8 to 15 percent slopes	QuA	Quonset sandy loam, 0 to 3 percent slopes
CaE	Carver coarse sand, 15 to 35 percent slopes	QuB	Quonset sandy loam, 3 to 8 percent slopes
CbA	Carver loamy coarse sand, 0 to 3 percent slopes	QuC	Quonset sandy loam, 8 to 15 percent slopes
CbB	Carver loamy coarse sand, 3 to 8 percent slopes	QuE	Quonset sandy loam, 15 to 35 percent slopes
CbC	Carver loamy coarse sand, 8 to 15 percent slopes	RaA	Raynham silt loam, 0 to 3 percent slopes
CcD	Carver and Gloucester soils, 8 to 35 percent slopes	Sa	Saco very fine sandy loam
DwA	Deerfield sandy loam, 0 to 3 percent slopes	Sb	Sanded muck
DwB	Deerfield sandy loam, 3 to 8 percent slopes	ScA	Scarboro sandy loam, 0 to 3 percent slopes
Du	Dune land and Coastal beach	SdA	Scarboro fine sandy loam, silty subsoil variant, 0 to 3 percent slopes
EnA	Enfield very fine sandy loam, 0 to 3 percent slopes	SeA	Scituate sandy loam, 0 to 3 percent slopes
EnB	Enfield very fine sandy loam, 3 to 8 percent slopes	SeB	Scituate sandy loam, 3 to 8 percent slopes
EnC	Enfield very fine sandy loam, 8 to 15 percent slopes	SfA	Scituate very stony sandy loam, 0 to 3 percent slopes
EsA	Essex coarse sandy loam, 0 to 3 percent slopes	SfB	Scituate very stony sandy loam, 3 to 8 percent slopes
EsB	Essex coarse sandy loam, 3 to 8 percent slopes	SgA	Scituate extremely stony sandy loam, 0 to 3 percent slopes
EsC	Essex coarse sandy loam, 8 to 15 percent slopes	SgB	Scituate extremely stony sandy loam, 3 to 8 percent slopes
ErB	Essex very stony coarse sandy loam, 3 to 8 percent slopes	Td	Tidal marsh
EtC	Essex very stony coarse sandy loam, 8 to 15 percent slopes	TsA	Tisbury very fine sandy loam, 0 to 8 percent slopes
ErD	Essex very stony coarse sandy loam, 15 to 25 percent slopes	WaA	Walpole fine sandy loam, silty subsoil variant, 0 to 3 percent slopes
EuB	Essex extremely stony coarse sandy loam, 3 to 8 percent slopes	WbA	Warwick fine sandy loam, 0 to 3 percent slopes
EuC	Essex extremely stony coarse sandy loam, 8 to 25 percent slopes	WbB	Warwick fine sandy loam, 3 to 8 percent slopes
Fr	Fresh water marsh	WbC	Warwick fine sandy loam, 8 to 15 percent slopes
GaA	Gloucester fine sandy loam, firm substratum, 0 to 3 percent slopes	WcC	Warwick very rocky fine sandy loam, 3 to 15 percent slopes
GaB	Gloucester fine sandy loam, firm substratum, 3 to 8 percent slopes	WnA	Windsor loamy sand, 0 to 3 percent slopes
GaC	Gloucester fine sandy loam, firm substratum, 8 to 15 percent slopes	WnB	Windsor loamy sand, 3 to 8 percent slopes
GbA	Gloucester loamy sand, 0 to 3 percent slopes	WnC	Windsor loamy sand, 8 to 15 percent slopes
GbB	Gloucester loamy sand, 3 to 8 percent slopes	WnE	Windsor loamy sand, 15 to 35 percent slopes
GbC	Gloucester loamy sand, 8 to 15 percent slopes		
GcB	Gloucester very stony fine sandy loam, firm substratum, 3 to 8 percent slopes		
GcC	Gloucester very stony fine sandy loam, firm substratum, 8 to 15 percent slopes		
GcD	Gloucester very stony fine sandy loam, firm substratum, 15 to 25 percent slopes		
GdB	Gloucester very stony loamy sand, 3 to 8 percent slopes		
GdC	Gloucester very stony loamy sand, 8 to 15 percent slopes		
GeB	Gloucester extremely stony loamy sand, 3 to 15 percent slopes		
GeD	Gloucester extremely stony loamy sand, 15 to 35 percent slopes		



MORaine

As a glacier melts, its whole load is deposited, and the ground is covered with an irregular sheet of debris called a ground moraine.

They are deposits of glacial till formed either as arcuate mounds at the snout of the glacier or as sheets of till over considerable areas.

They are made out of a variety of unsorted rock fragments in an unbedded clay matrix.

At the terminus of a glacier the melting ice drops its load in the form of mounds and ridges referred to as terminal moraine.

KAMES

Kames are Glacio Fluvial deposits. They are rudely conical hills deposited by heavily-burdened glacial meltwater streams.

They are isolated hills of stratified material formed from debris that fell into openings in retracting or stagnant ice.

OUTWASH PLAINS

Spreading out fan-wise beyond the terminal moraine is the outwash plain, a sheet of clay, sand and gravel built

up by the glacier meltwater. This material is generally thicker and coarser than the terminal moraine.

Much of the material laid down by glaciers is reworked by melting water streams, which build up outwash plains.

LONG RANGE CONTROL TECHNIQUES

1. Controlling Nutrient and Sediment Influx

2. Watershed Management

A. Non-Structural

B. Structural

NON-STRUCTURAL CONTROL TECHNIQUES

1. ZONING REGULATION

- A. MINIMUM LOT SIZES
- B. BUILDING SET BACKS
- C. DISCOURAGE DEVELOPMENT OF PORTIONS OF SHORELINE
- D. RESTRICT HIGH POLLUTION GENERATING SOURCES

- 1. NEAR SHORE
- 2. NEAR TRIBUTARIES
- 3. IN FLOOD PLAINS

2. DEVELOPMENT CONTROL

- A. RESTRICT DIVISION OF LAND FOR BUILDING OR SETTLING
- B. LIMIT DEVELOPMENT IN EROSION AREAS
- C. LIMIT DEVELOPMENT IN AREAS WHERE SOIL CHARACTERISTICS PREVENT ADEQUATE ON-SITE WASTE DISPOSAL.
- D. ENCOURAGE FORMS OF DEVELOPMENT WHICH FACILITATE EFFECTIVE AND ECONOMIC WASTE DISPOSAL PRACTICES AND PRESERVATION OF NATURAL SPACES.

3. PHOSPHATE BAN

ZONING REGULATION.

The town of Plymouth can impliment the broad state and federal laws by zoning and non-zoning ordinances and by-laws. Subdivision and Health Board regulations to cover the whole system of water within town boundaries, including lakes, straams, wells, wetlands, and groundwater.

The metropolitan area planning council's 1978 recommendation was the following water related parameters and their protection to be considered by

local governments:

- watershed
- aquifer
- subdivisions
- septic systems
- lake management
- road salting
- water conservation
- carver soil series and immediate lake enviroment

Lot sizes should depend on:

1. Soil conditions

The state of Maine uses an in-depth soil percolation method called site evaluation for subsurface waste water disposal- it includes guidelines for monitoring high ground water levels.

2. Enviromental conditions

Such considerations include size of developments, if ground water can become contaminated with large numbers of dwellings and/or businesses.

Building set-backs

State of Maine has established a minimum distance of 100 feet from leaching field to any river, stream, lake, pond, ocean, or drinking-water supply.

Discourage development of shoreline:

Use these areas as non-polluting recreation areas.

Restrict high pollution generating sources:

Especially in areas that could possibly contaminate groundwater.

It is possible that one of the best methods to control nutrient in-flux for a given lake, is to control land use within the watershed.

NON-STRUCTURAL DEVELOPMENT CONTROL

DEVELOPMENT CONTROL

Lot size should be determined by actual soil type with particular interest devoted to:

1. The soil's hydraulic capabilities
2. The soil's purification capabilities
3. Any physical constraints

Some soils like the Carver series percolate water rapidly but such soils are inadequate in terms of removing wastewater impurities such as bacteria, phosphorous and nitrogen. It is these impurities that can cause ground and surface water pollution.

To best determine the above 3 factors a soil evaluation program should be established (the state of Maine guidelines are recommended). The site evaluation would determine whether a specific parcel of land would be considered suitable for the proposed disposal system.

Slope should be another limiting factor on lot sizes; the difficulty of designing and building adequate absorption fields on steep slopes, as well as erosion problems associated with steep slopes call for further adjustment of lot sizes according to the capability of the natural slope.

Other factors to be considered are ground water flow, watersheds, nearby wells and streams, topography, vegetation and ground cover.

Where soil characteristics prevent adequate on-site waste disposal or if an area is heavily developed, closed system sewage disposal is recommended. Included in closed systems are:

1. recirculating toilets
2. gas incinerating toilets
3. electric incinerating toilets
4. composting toilets
5. chemical toilets
6. low water flush toilets
7. vacuum toilets
8. sewerless toilets

A list of manufacturers is included in the Addenda.

Investigations (Childs 1972A, Childs 1972B, Dudley and Stephensen, 1973) indicate that problem areas occur:

1. Where coarse sands and gravel are the principal subsoil materials.
2. Very impermeable materials where effluent may become ponded above horizons at short distances from point of release.
3. In poorly drained soils with high water table.

VOLUNTARY PHOSPHATE BAN

Though few studies have been made in depth, reports by Sawyer (32) and Vollenweider (17) pertaining to Wisconsin and Swiss Lakes respectively indicate that when inorganic nitrogen (ammonia plus nitrate nitrogen) is equal to or greater than .3 mg/l and the orthophosphate is equal to or greater than .01 mg/l, then the lake is likely to have excessive crops of algae and other aquatic plants.

A recent study made in Vermont showed that all the lakes so tested were found to be phosphorous limited.

A Cornell research team conducted a study of 13 lakes in central New York - this study led to a quantitative expression of the relation between phosphorous loading and concentrations of algae.

Phosphorous in runoff occurs in 3 general forms:

1. Dissolved organic
2. Dissolved inorganic
3. Particulated

The dissolved phosphorous in both forms has a far more important influence on algal growth than has phosphorous, which is attached to soil particles.

Sources of Dissolved Phosphorous:

- Sewage - 55%
- Agricultural runoff - 18%
- Forest runoff - 15%

Most lakes, so studied, are phosphorous limited. Any reduction in their phosphorous loading may slow their eutrophication. One sure method of reducing phosphorous loading is to reduce the amount of phosphorous entering water treatment facilities and domestic waste water facilities (septic systems), as phosphate detergents may contribute over 50% of the phosphorous in domestic wastewaters; eliminating this source can have a significant impact. The solution is simple: stop using detergents with phosphates and use phosphate-free detergents.

A voluntary local ban or even a state wide ban of household laundry detergents and cleaning fluids containing more than .5% phosphorous.

Advantages:

1. Better water quality
2. Algae free lakes and ponds
3. No cost to state or town

Disadvantages:

1. There may be a slight added cost to consumer
2. Ring around the collar

How:

1. Newspaper articles
2. Local radio
3. Town government

This is classified as a long-range control technique but an immediate execution will initiate an in-lake comeback.

STRUCTURAL CONTROL TECHNIQUES

A. DIVERSION

B. CONTROLLING NUTRIENT AND SEDIMENT INFLUX

a. Phosphate ban

b. Locating faulty septic systems

c. Flow reducing devices

C. SOIL EROSION CONTROL

D. SANITARY LANDFILL LEACHATE

E. SEWERING

D I V E R S I O N

The most frequently used method to reduce lake eutrophication is to divert waste waters around or away from the lake.

Diversion of nutrient-rich water away from eutrophying lakes and ponds will be encouraged by the state when:

1. Sewage treatment plant effluent or storm sewer outflow enters a lake or pond by its tributaries or direct outfall.
2. Rerouting of the inflow does not have a significant negative **impact** on the biota or hydrologic cycle of the system, adjacent wetlands or any other riparian habitats within the course of diversion.
3. Further treatment of waste water or storm water cannot render it nutrient-impooverished, or is not cost-effective.

Controlling Nutrient and Sediment Influx

Storm water, in picking up of pollutants from the land surface, becomes the transporter of degradation. The storm water run-off can discharge directly into the lake or pond or storm water can discharge sediments and nutrients into the lake or pond tributaries.

Storm water run-off has the potential of picking up and carrying high levels of pollutants into lakes and streams. This is especially true where a long period without rain is followed by intensive rainfall, under these circumstances, the initial surge of run-off carries oils, fertilizers, organic matter, eroded soil as well as other forms of pollution to the aquatic ecosystem. At times, this initial surge can be more highly polluted than the effluent at the municipal treatment plant.

The two basic control measures that are used are: Surface pollution should be reduced and the storm water can be treated to remove the transported matter.

The structures that are used to control this sediment influx are: catch basins, sediment basins, recharge basins and settling ponds.

A sediment basin is a small impoundment which retains storm water run-off long enough to allow heavier sediment particles to settle to the bottom of the basin. They can be constructed in various ways such as a dam forming a basin with run-off provided by a perforated vertical riser pipe ringed by a collar to collect trash. Periodically the basins must be attended as they fill with sediments. Construction of basins of this type would be an effective means of capturing sediments eroded from developed areas and unpaved roads. On paved areas they are aimed at catching run-off contaminated with oils and heavy metals.

Basins should be located in natural depressions to reduce construction cost and diversion methods should be applied to direct run-off to these basins.

LOCATING FAULTY SEPTIC SYSTEMS AROUND Russell Mill Pond

DYE METHOD

The often used dye test is a poor indication, defining only blatant problems because the dye may:

1. Have a long travel time.
2. React in the soil and lose its fluorescent characteristics (fluorescent dye when introduced into an acidic septic tank can lose its fluorescent character)
3. The dye may be bound in soils, especially clays. Consequently, pollution may be occurring even though the dye is not detected and the septic tank is allowed to continue polluting.
4. Access problem
5. High cost
6. Many other small but complex problems.

SEPTIC SNOOPER

- A. Minimal time
- B. No access problem
- C. Very simple in application
- D. Low cost
- E. Data is more special and discriminating.
 1. This factor allows for far superior planning techniques and can represent substantial savings.

This is a very useful tool in pinpointing nutrient influx by tracing septic leachate. Gives exact location of septic plumes by surveying perimeter of lake where homes are located.

This technique is not to be used. The cost would not be justified. The few homes are will set back and on the outfall side. The nutrient readings point to nutrient inflow from other sources.

LONG RANGE CONTROL TECHNIQUES

FLOW REDUCING DEVICES

Most conventional homes are presently not equipped with water-saving devices. These devices vary in design, but all basically accomplish the same results - reduce the amount of water consumption. These devices range from specially designed attachments that replace existing fixtures, such as faucets or shower heads; to special in-line devices that adapt to existing fixtures.

Widespread utilization of such devices by homeowners and industrial complexes will affect a substantial water savings program, reduce loads on leach fields and reduce the potential for depletion and contamination of groundwater.

The twofold benefits, water saving and protection of the groundwater, coupled with low cost, should make this attractive to every homeowner occupying home sites on the Carver soil series, especially those in the watershed areas.

SOIL EROSION CONTROL

At present, this is not a problem however, as population increases the town must guard against the ever present danger of erosion. The town can do this by:

1. Controlling land use.
2. Develop programs that minimize loss of soil and fertilizer on building sites, especially where slope is a problem.

The Carver soil series have low to very low water holding capacity and a rapid intake rate. Water moves rapidly through soil profile. All these factors lead to national erosion control. Extensive lawn and agricultural practices should be discouraged because of low moisture retention and nutrient holding capacity. Ground cover native to area should be encouraged.

SANITARY LANDFILL LEACHATE

Russell Mill is not affected by sanitary landfill leachate.

1. Landfill is located on eastern shed of Ellisville Moraine.
2. Low metallic readings.
3. About 18,000 feet from landfill.

S E W E R I N G

The ultimate aim of the Town of Plymouth or in fact any town should be a sewage system. The Cornell study recommends; firstly, a ban on phosphate detergents, then tertiary treatment of sewage plant effluent; however, sewage systems beyond tertiary are being used for mineral stripping with the end result being nearly pure water. This report deals with phosphorous removal, hence this position is only secondary, however, with all factors being considered sewerage should be considered as an ultimate goal.

The State of Massachusetts would encourage sewerage:

1. If septic system leachate is or will become a significant contributor to the overall nutrient flux of the lake or pond.
2. If alternate methods of waste disposal (i.e. no-discharge waste disposal methods) are not available.
3. If the construction of a sewer system does not encourage growth in the watershed which could lead to a significant degradation of the environmental quality of the watershed and lake ecosystem.

The physical characteristics of the Plymouth soils; the number of ponds, lakes and kettleholes being fed by deep aquifers and ground water, lead to the conclusion that the ultimate goal should be a sewage system encompassing the whole town with a tertiary treatment system that would eliminate any future danger of contamination. Eastern Massachusetts is presently plagued with outbreaks of even arte lan well contamination. Human waste and industrial contamination must be contained. The cost of such systems is great - but the destruction and pollution of clean water systems will be of far greater cost to everyone. To clean contaminated water is costly and perhaps some waters will not be able to be cleaned. Preventative methods are tantamount.

ALTERNATIVE SEPTIC WASTE SYSTEMS

In areas where soil characteristics prevent adequate on-site waste disposal, the following alternatives should be considered:

Non water-using toilets

The single most important non-point source of pollution in surface waters may well be nutrient loading from shoreline subsurface sewage disposal systems. The results of the Billington Sea groundwater sampling point directly to this conclusion. The prevalence of the Carver - Gloucester soil association makes not only the shoreline a target of non-point source nutrient loading, but possibly the entire watershed.

Eliminating toilet discharge as a contributing factor to subsurface disposal systems would significantly reduce both the problem of malfunctioning systems and the problem of nutrient migration into ground and surface waters.

It is recommended that non water using toilets be used in the following geographic areas:

1. Islands
2. Existing development adjacent to surface waters.
3. On marginal soils where groundwater pollution would be a danger.

Two recommended systems are: composting toilets and incinerating toilets; there are many other types such as vacuum toilets, chemical toilets, etc. but composting and incinerating toilets are the most popular.

Composting Toilets

There are a number of composting toilets on the market (see Addenda) but most consist of a tough plastic container in which compostable wastes are placed, in some its the decomposition of the waste is accelerated by a heating coil at the base of

the unit and aeration from a fan, which draws air through the compost and out a vent pipe. The fan runs continuously and removes all odors whereas the heating coil functions intermittently depending on room temperature.

Buildings using a self-contained sewage disposal system, instead of a sub-surface disposal system could reduce the amount of nutrient pollution 30-50% depending on the nutrient loading of the gray water discharge. (Uttormark et al 1974)

A system for a family of 5-6, can be purchased for about \$700 and has an operating cost of \$6.00 - \$7.00 per month.

Incinerating Toilets

These toilets consist of a cabinet similar to a conventional toilet which uses propane or natural gas to incinerate the waste and an exhaust fan blows the gases out the exhaust vent. The incinerating cycle is controlled by a preset timer and lasts 15 - 20 minutes. Periodically the mineral ash in the firebox must be cleaned by a vacuum cleaner. One unit can service up to 12 people on a full-time basis. The unit is easily installed, requiring only gas and electrical connections and the attachment of a vent pipe to the outside.

The price for an incinerating toilet is about \$600.00 plus delivery and installation charges. Operating costs using bottled gas would be about 3 cents per incineration cycle or about \$45.00 a month for a family of 5.

Another system which uses air instead of water for the transport of sewage from the toilet is recommended for further study. The vacuum system uses only 3 pints of water per flush rather than the conventional 4-6 gallons per flush. Because of the reduced volume of liquid, the sewage is collected in a holding tank and transported to an existing treatment plant.

IN-LAKE MANAGEMENT METHODS

- A. CONTROL OF MACROPHYTES AND MICROPHYTES BY HARVESTING
- B. REDUCTION OF MOTOR BOAT USE
- C. CHEMICAL INACTIVATION OF NUTRIENTS
- D. CHEMICAL CONTROL VIA ALGICIDES AND HERBICIDES
- E. LAKE BOTTOM SEALING
- F. DRAWDOWN
- G. BIOLOGICAL METHODS
 - a. Herbivorous fish
 - b. Biomanipulation
- H. DILUTION
- I. AERATION AND MIXING OF WATER
- J. DREDGING

MACROPHYTE HARVESTING

Aquatic plant harvesting is a widely used technique for in-lake management in lakes or bays with excessive local plant growths.

It involves three stages to be at maximum efficiency.

1. Cutting
2. Collecting
 - A. Harvesting machines effective out to the 5 foot contour line both harvest and collect plants together with a portion of the rooted mass.
3. Disposal
 - A. Front-end loader and dump truck handle the disposal process. Disposal can become difficult, however, when submersed aquatic plants approach 7 tons/acre wet weight and contain 3.2 lbs./acre phosphorous. (MacKenthun and Ingram) Large areas are needed for disposal and Plymouth has ample sand dunes and sand bank erosion areas which could benefit from spreading of the harvested material.

ADVANTAGES

1. The primary advantage is that it is an ecological, elegant solution to nuisance plant control. Nutrients are removed from the aquatic ecosystem and are not recycled through bacterial decomposition of dead matter. Further growth may become impaired or even limited by the removal of macro-nutrients (phosphates, nitrates, carbon, etc.)
2. No chemicals are added to the aquatic environment.
3. No "closing" of the lake.
 - A. Intervals of up to 2 weeks are necessary with chemical application.
4. No lowering of dissolved oxygen.
5. Controls all species
 - A. Chemicals have resistant species problem.
6. No build-up of detritus.

DISADVANTAGES

1. Cost: \$300 per acre was average cost in State '79 program. Towns must also assume cost of disposal.
2. Effective only to depth of 5 feet.
3. Does not harvest all roots.
 - A. Many aquatic plants reproduce by rhizome as well as seed and root.

The aquatic plant harvesting program is ^{NOT} recommended for Russell Mill Pond, not only for the above advantages but also because most disadvantages are overcome by the physical characteristics of Russell Mill itself:

Short flush time

- A. Suspended material would be flushed out of the aquatic system.

Depth

- A. With a 5.0 foot average depth, much of the lake area is available to the harvester.

Relatively smooth bottom

- A. There are no stumps or debris such as is prevalent in an artificial system.

- A. The target species is susceptible to efficient harvesting.

Disposal

- A. Dune stabilization
- B. Erosion control

Recreation

- A. Lake is immediately available for recreation.

Rental Cost:

1980 state bid average cost \$250/acre.

- A. Town attends to disposal.

DEQE Eutrophication and Aquatic Vegetation Control Program

Machine Purchase:

Small Chub - \$12,900
Trailer 1,250

Capable of 1 - 2 acres/day, 2 man crew, manual operation

H-400 \$28,000

2 - 4 acres per day, 1 man crew, hydraulic operation

Aquamarine Corp. Waukesha, Wisc.

"In this lake the technique of harvesting is not considered practical at this time".

Restriction of Motor Boat Use

The Environmental Protection Agency and Massachusetts Resources Commission have conducted recent investigations focusing on biological effects of oil and gasoline discharges specifically; raw fuel, phenols, lead, volatile and non-volatile oil discharged by two-stroke outboard motors.

- A. Since 1972 outboard manufacturers have included a recycling device to reduce discharge of unused gasoline and oil.
- B. Older engines manufactured before 1972 release as high as 50% unburned fuel mixtures.

However, results of the E.P.A. and state studies conclude:

1. There is no significant adverse aquatic life impact.
2. Most volatile aromatic constituents of gasoline and oil evaporate.
3. Some non-volatiles persist but are decomposed by bacteria.

Most of the data gathered by these studies indicates no firm support for either complete restriction, or size restriction. Russell Mill is a recreational lake and hence, widely used for fishing and boating - to use restrictive measures might put an unnecessary burden on both the Town and lake inhabitants. New engine designs coupled with looming petroleum shortages might solve the problem without added procedures. As new data becomes available, perhaps then, a new approach may precipitate; other eutrophic causes are major, this at present is minor.

NUTRIENT INACTIVATION

This method can be used to remove nutrients that are essential for plant or algae growth by addition of chemical activators which are added to the lake. There are many activators that are used for a variety of reasons, such as, aluminum, alum, iron, ion exchange resins, polyelectrolytes, fly-ash, etc.

Aluminum and iron salts can be added directly to the lake to remove phosphorous from the lake water and carry it to the sediments.

The state will encourage the chemical inactivation of essential nutrients in the water column if:

1. Only a small watershed is involved.
2. The lake has a relatively long retention time (over .3 year)
3. Total phosphorous in water exceeds .03 mg/l
4. Sediments regenerate enough nutrients to promote moderate to excessive algal growth.
5. When nutrient loading from the watershed is not sufficient to promote eutrophic conditions in the pond without the contribution of internal nutrient loading.

In activation of phosphorus release from sediments with aluminum salts appears to be a successful technique for lowering phosphorus concentration to levels limiting to algal growth when used in conjunction with a program to manage phosphorus income from the watershed. The technique has a longevity of at least 5 - 6 years and there are no known deleterious side effects to biota if proper procedures for dose determination and application are followed.

Examples of EPA grants using this method:

- EPA 625/2 80 27 Lake restoration in Cabbossee watershed plain
- EPA 625/2 80 25 Restoration of Medical Lake - Washington

Russell Mill Pond

Nutrient Inactivation

Due to its very short retention time, it would be impossible to use this procedure. Most nutrients enter the pond from its tributaries.

CHEMICAL CONTROL BY ALGICIDES AND HERBICIDES

Herbicide control should NOT be used.

Chemical control of algae might have to be used until suggested programs are implemented, particularly if algae blooms render undesirable for recreation purposes. State aid can be applied for through the Department of Environmental Quality Engineering.

Three necessary conditions are:

1. Midday water temperatures do not exceed 27°C (80°F)
2. Dissolved oxygen within 2 meters of surface is above 4.0 mg/l.
3. Copper in sediments does not exceed 150-300 mg/kg (dry weight).

LAKE BOTTOM SEALING

Significant amounts of exchangeable nutrients are usually found in the benthos of a lake or pond and in some instances removal by dredging is recommended (ex. Morse's Pond, Wellesley) to reduce the nutrient contact. However, at a greatly reduced cost, bottom sealing has been used instead. Several covering materials are showing promise of suppressing the transport of nutrients from the sediments into the overlaying waters by either physically retarding exchange, or by increasing the capacity of surface sediments to hold nutrients.

Lake bottom sealing covers can have additional advantages such as:

1. Elimination of suitable substrates.
2. Erosion control by bottom stabilization.
3. Minimization of water loss by infiltration.

The short residence time of Russell Mill Pond would in all likelihood preclude the possibility of state participation in such a project.

short-term effect of this technique seems to be desirable, however, ^{The} long-range effects have still to be evaluated.

Large amount of groundwater present in Russell Mill Pond would in all likelihood preclude the possibility of state participation in such a project. The state would consider sealing if the following conditions prevailed:

1. If drawdown is possible.
2. If dealing with a limited area (generally less than 1 hectare)
3. If shallow area is being considered (littoral zone - less than 5 feet.)
4. If considerable groundwater seepage does not occur.

Generally, the state prefers chemical sealants over physical.

Physical sealants:

- A. Plastic Sheetting
 - 1. perforated
 - 2. non-perforated
- B. Rubber liners

Chemical sealants:

- A. Clays
- B. Zeolites
- C. Flyash

D R A W D O W N

In lakes and ponds where water level can be controlled, drawdowns have been used to consolidate sediments, reduce their release of nutrients and kill aquatic plants. While exposed to air, sediments lose much of their water content and they may no longer release nutrients into lake water when the lake is refilled (DUNSET ETAL 1974). Beds of aquatic plants may dry out during drawdown and if their roots are exposed, some species may die or not be able to reproduce (BEARD 1973).

Drawdown is not possible in R. Mill at present, water-level control technology would have to be applied before drawdown could be effectively used as a short-range control measure. This and other shortcomings have the decision not to consider this technique.

Responses of some common nuisance aquatic plants to lake level drawdown:

Alligator weed, naiads and potamogeton spp. increase in abundance after drawdown.

Chara, hyacinths and white lilies decrease in abundance after drawdown.

Cabomba, elodea, milfoil and bladderwort exhibit no change or clear response after lake level drawdown.

Biological Controls

Biological control of rooted aquatic plants and algae through grazing activities of such organisms as fish or insects is one of the more recent experimental approaches to controlling excessive vegetation. With few exceptions, such as insect control of alligatorweed, biological control organisms are being viewed by aquatic scientists with caution since the introduction of exotic species to native waters could cause more problems than it solves. A well known example is the common carp, which was brought to this country as a food fish but has probably caused as much damage as benefit. Scientists are therefore attempting to evaluate biological control species in a step-by-step fashion.

There are several different types of organisms presently being evaluated. A fungus which attacks water hyacinth has given good results and insects have been released which give at least local control of both water hyacinth and alligatorweed.

The control of a particular problem species by manipulation of biotic interactions.

1. Predator-prey relationships (the White Amur is a well documented example).
2. Intra and interspecific manipulation (one plant species is introduced or manipulated in order to induce a limiting condition on another.)
3. Pathological reaction (controlling blu-green algae blooms by viruses has been attempted.)

Any use of biological control methods must be approved by the Division of Fish and Wildlife. The use of biological controls on excessive growths of algae and macrophytes has not been developed to the point where any potentially effective agents are likely to be found in the near future.

Herbivorous Fish

The Mozambique Mouth-brooder has been suggested as possible controls of algae and certain rooted plants. The species thrive only in warm water (greater than 10°C or 55°F). It has become a nuisance in Florida where it was introduced to test it's ability to control rooted plants -- it's use has been discontinued.

The White Amur or Grass Carp, has been widely recognized in Europe and the United States as a plant control agent. This species, a native of the Amur Basin in China and Siberia, consumes nearly all forms of vegetation and will also eat invertebrate animals. It grows rapidly, resists low temperatures and can stand low dissolved oxygen concentrations.

Concern about the Grass Carp comes from past experience with exotic animals such as the Common Carp. The role of Grass Carp in cycling plant nutrients and thus in promoting algal blooms, needs further research. In Europe, the Amur are notorious spreaders of fish disease, for example, research has found a tapeworm which is a serious fish pest in Europe in some grass carp from Arkansas. This suggests the parasite could spread in this country. Some findings report no interference with game fish while others found significant declines in fish population. These and other concerns are sufficient to restrict the general use of Grass Carp as a plant control until more research has been completed. At present, only a few states allow possession of Grass Carp, except for experimental purposes. Herbivorous fish may become an important tool in plant control, but the present wide-spread shipment and use of Grass Carp is being done without sufficient knowledge of possible adverse effects and should be stopped until more information is obtained and shared with the public and scientific community.

BIOMANIPULATION

Several lake techniques which include altering food web of lake to favor that portion of the animal community which grazes on algae. Biomanipulation of food webs may be particularly useful in those situations where diversion of nutrient income is insufficient to lower in-lake concentration and thereby control algae growth.

The next level in the food web which depends on planktonic algae is the small, free-floating animal called zooplankton. This grazed is an important food source of many fish, for example, Blue Gills, Crappies, etc. In many lakes and ponds, huge populations of small fish exist and their predatory activities are so intense that few, if any grazing zooplankton are found in the summer. There is good evidence that in some water bodies, if the dominance of these small fish can be greatly reduced, grazing zooplankton can become a significant force in controlling algae and higher water clarity will result. The fish could be controlled or eliminated by introducing predators or by eliminating all fish followed by balanced restocking. Elimination of all fish would have the additional advantage of removing Carp, Bullheads and other fish which recycle nutrients from sediments to the water column. Biomanipulation is in the experimental stage at this time, but it is a promising approach which avoids the introduction of an exotic fish and could improve water clarity and sport fishing.

Biological controls of nuisance plants and algae are largely undeveloped lake improvement techniques. In the southern part of the country, advances have been made with insects and plant pathogens, but these are largely unavailable to the general public at this time and are aimed at specific problems of aligatorweed and water hyacinths.

The journal of aquatic plant management of Fort Meyors, Florida has published many articles on biomanipulation advances for control of both water hyacinths and alligatorweed.

DILUTION

Dilution is a process whereby eutrophic lake water is replaced by water lower in nutrients. A lake can be flushed out with less productive water, or it can be pumped out to another watershed and allowed to refill through rain or groundwater infiltration. Dilution simply decreases the lake waters nutrient concentrations. The advantage of dilution is that many nutrients as well as plants are removed from a lake when it is flushed out.

1. Sufficient quantities of low-nutrient water may not be available for such a project.
2. Nutrients may flow into the lake and quickly replace those flushed away.
3. Cost problem on pumping in dilution water.

The State would encourage the implementation of dilution if:

1. Nutrient poor water diverted from it's natural course does not have an adverse effect on it's own ecosystem.
2. No point sources of nutrient rich water discharge directly or indirectly into the lake.
3. Dilution water is well below nutrient levels which promote eutrophication.
4. Nutrient rich sediments do not contribute significant quantities to overall nutrient flux of the lake.

No clearcut advantage could be gained by using this method for two reasons:

1. No significant source of nutrient-free water available.
2. Will not affect basic problems of nutrient influx from point and non-point sources.

A E R A T I O N

Aeration and circulation can be used to improve water quality for a wide array of beneficial uses including domestic water supply, downstream releases, industrial use, fish management, and algal bloom control. Maintenance of aerobic conditions may also affect nutrient exchange within the lake.

Total aeration would not be encouraged by the state if aeration techniques would de-stratify a lake.

Hypolimnetic aeration increases the oxygen content of a lake without de-stratifying the lake.

Positive Effects:

1. Reduction in sediment/water nutrient exchange.
2. Increased habitat for fish, zooplankton, and benthic fauna.

Hypolimnetic aeration would be encouraged by the state when:

1. Nutrient loading from watershed is not sufficient to promote eutrophic conditions in the lake without the addition of internal nutrient loading.
2. Where concentrations of DO in the hypolimnion are less than 3.0 mg/l and are not the result of natural springs or ground water seepage.
(Dissolved oxygen in Little Long is never this low; dissolved oxygen in aquifers leading into Little Long is relatively high).
3. When an increase in hypolimnetic oxygen will significantly decrease the loss of nutrients from sediments in the water column and internal nutrient loading is an important factor contributing to the occurrence of planktonic algal blooms.

Russell Mill with it's physical characteristics, i.e. shallow depth (9ft average); surface area (42 acres); and high flush rate make it an unsuitable candidate for any long range benefits from any aeration or circulation techniques. Wind, sun and flow would be enough to maintain high DO rates if the nutrient influx problem was solved or even curbed. - Note 500 policy statement EPA.

DREDGING

Dredging removes nutrient rich sediments and rooted aquatic plants from shallow water areas. A lake's annual process of self-fertilization and subsequent release of nutrients from sediments to overlying waters may, for some lakes, be one of the primary sources of the lakes nutrients.

Dredging has often been suggested as a means for removing nutrients stored in sediments. The sediments are usually rich in nitrogen and phosphorous and represent an accumulation of years of settled organic materials. Some nutrients may be recirculated within the water mass and furnish food for a new crop of organic growth. However, in an undisturbed mud-water interface nutrient transfer is very small.

The state encourages dredging if:

1. Nutrient loading is not from external sources.
2. Removing substrate would promote plant growth.
3. Sediments are important source of nutrients.
4. No toxic sediments are released during dredging.
5. Dredging will not increase water turbidity.
6. Dredged areas are less than 15 feet deep.
7. Does not affect downstream wetlands.
8. Dredged sediments do not pose a health or environmental problem.

Some problems encountered in dredging:

1. Nutrient content does not change drastically.
2. A possible resulting shift from rooted plants to algae.
3. The buffering capacity of a lake to external changes in nutrient loadings may be lowered.

4. Resuspension of fine particle and plant nutrients.
5. Toxic substances may be released in water color.
6. May destroy the community of Benthic organisms which are important to the fish
7. Disposal site - discharge problems

Morse's Pond in Wellesley has been dredged after two or three nutrient inactivation efforts. Dredging was applied to reduce lily growth, but after a short period of time, Milfoil took over as a target species.

This project was funded under 314.

Before such a costly, chancey method is used, the more positive, long-range efforts should be put into effect, combined with in-lake methods as recommended in this report.

ENVIRONMENTAL IMPACT

Land Use

No effect on residential, agricultural, park, scenic, historical, archeological. No changes in land use patterns.

Physical

No construction other than sediment basins.

Air Quality

No effect.

Hydrology

No effect, no diversion, dredging or construction.

Aquatic Life

Fish or aquatic organisms - no adverse effect, possible beneficial effects.

Cultural Impact

None.

Economic Environment

None.

Resource Impact

None.

Energy Use

Not applicable.

Social Environment

Beneficial, better water quality

Displacement of People

No.

Changes in Noise Levels

None.

Effect on Flood Plain, Management or Wetlands

None.

Dredging and Other Channel, Bed or Shoreline Modifications

None.

Feasible Alternatives to Proposed Project

None.

Other Necessary Mitigative Measures

None.

Will the project adversely affect short term or long term ambient air quality? No.

Will project be located in flood plain?No.

Will structures be constructed in flood plain?NO.

Will the project have a significant adverse effect on fish and wildlife, wetlands or other wildlife habitate?No.

Will the project adversely affect endangered species?No.

Are there other measures not previously discussed which are necessary to mitigate adverse impacts resulting from the project?NO.

Russell Mill

Management Plans

Time Schedule

Any program implemented on Russell Mill will be directly managed by the Plymouth Conservation Commission and coordinated with any other town departments that are needed.

The voluntary phosphate ban should take place immediately

Sediment basins-engineering study by D.P.W.

Construction of non-water using toilets where needed

Water-saving devices to be used

Updating faulty septic systems 1985-86

Zoning laws should be updated to include aquifer protection

Pollution laws revised and updated to include nutrient concentration

Russell Mill

Russell Mill Pond is located in the Plymouth kamefield on a watershed that feeds into Warram Cove on Plymouth Bay. This is an artificial pond on the Eel River, which has many acres of cranberry bogs in its upper impoundment. All its tributaries are affected by the agriculture impact.

An agriculture area, such as this would use fertilizers, insecticides, and herbicides and all their breakdown products. The high nutrient readings during the productive cycle reflects such activities.

The one factor that saves this pond from being ultra-eutrophic is its very short retention time. The flow in and out is so rapid that it is nothing short than a holding tank. Its seasonal flushing is a strong factor in averting a complete collapse and a highly accelerated eutrophication rate. It will never be anything else than what it was meant to be, an agriculture tool.

A plus factor is its flushing rate, if ever agriculture use of the watershed would cease. The recovery rate would be very rapid. Such impoundments recover fast when the adverse factors are removed.

The following are recommendations concerning the aquifer protection. The aquifer flow follows roughly the flowlines of Eel River and hence its protection benefits the community as a whole and not an isolated section.

The Plymouth kamefield soil series have the same non-buffering characteristics as do the outwash plain series. With this in mind, the non-structural approach is the most sound one to be followed.

The voluntary phosphate ban on high phosphate detergent is an excellent starting point for aquifer protection. This voluntary ban could eliminate 50% of the phosphorus input from domestic sewage of about .8mg phosphorus per capita per year. The only cost would be ads in newspapers, radio, or any source at the commission's disposal.

To put teeth into local and state laws, it is strongly suggested that the definition of pollution be revised to include acceptable nutrient levels. Nutrients are predictors of pathogenic infestation. They sound the alarm much in advance and can be used as predictors. They can predict bacteriological infestation, the same standards that are now being used as pollution guidelines.

Zoning and percolation tests should be upgraded to the New Hampshire Lakes Region Planning Commission levels. The soil evaluation concept should also be included. The Maine and New Hampshire lot sizes and set-back based on soil and groundwater criteria should also be included.

Water saving devices should also be used for three reasons. Conservation. Protection of man's major environmental problem, water. And, the protection of the Plymouth aquifer from which so many people draw their potable water.

Russell Mill Pond is an agriculture tool and, once this stops, the high flushing rate will cure its basic problems.

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A D D E N D A

The following data will provide the Town of Plymouth with necessary information to justify application to the U.S. Environmental Protection Agency for 50% matching funds to conduct the proposed programs, as authorized by Section 314 of the Federal Water Pollution Control Act Amendments of 1972 (PL 92-500)

The preceding report has established:

1. Water quality of
2. Lake restoration procedures
3. Environment Impacts
4. Expected results
5. Management Plans

Funding by the Commonwealth of Massachusetts:

722-1969 - DEQE amended general laws

Chapter 40, Section 5 and Chapter 111, 5F

(A copy of this act is included in Addenda)

This usually covers chemical control and harvesting of aquatic nuisances.

Chapter 91 under DEQE, Waterways Div., is for dredging programs
208 covers sewage construction.

Clean Lakes Program
U.S. E.P.A. Policy on Grants

Funding preferences will be given to projects which eliminate pollutant sources and reduce pollutant loading in contrast to projects relying solely on in-lake activities to ameliorate the symptoms of lake degradation without attacking its causes. E.P.A. emphasizes lake watershed management in making funding decisions.

This policy does not mean that in-lake restoration techniques will not be supported. Dredging, aeration, nutrient inactivation and other in-lake techniques are important lake restoration tools in two situations.

Lakes which have problems of excessive shallowness and rooted aquatic plants may benefit most from dredging, harvesting, sediment covering or lake level drawdown, while lakes which have excessive algae may respond to dilution/flushing, nutrient inactivation or aeration. In some cases a combination of procedures may prove to be most beneficial.

1. When sufficient pollutant reduction is being accomplished in the watershed to allow desired lake quality to be maintained, but recovery from degraded condition will be slow or will not occur simply as a result of watershed management.
2. When material accumulated in the lake constitutes a significant source of pollutants which is independent of controllable activities in the watershed.

Examples of E.P.A. grants using in-lake restoration methods:

E.P.A. 625/2 - 80 - 27 Lake restoration cobbossee watershed -
Maine used nutrient inactivation treatment.

E.P.A. 625/2 - 80 - 25 Restoration of Medical Lake - Washington
used nutrient inactivation treatment.

FEDERAL LEVEL: ENVIRONMENTAL PROTECTION AGENCY
OFFICE OF WATER AND WASTE MANAGEMENT

1. Construction Grants for Wastewater Treatment Work. Project grants (cooperative agreements) are available for the construction of municipal wastewater treatment works including privately owned individual treatment systems or municipally applied on behalf of a number of such systems. Such works may serve all or portions of individual communities, metropolitan areas or regions. The project may include but may not be limited to treatment of industrial wastes. This program is considered suitable for joint funding with closely related federal assistance programs in accordance with OMB Circular No. A-111. The grant may be for 75 percent of eligible project costs or 85 percent for innovative or alternative technology projects. Programs have ranged from \$075 to \$200,000 with an average of \$4,000,000. FY 80 estimated obligations are \$3,000,000.

Any municipality, inter-municipal agency, state, or interstate agency having jurisdiction over waste disposal is eligible for assistance under this program. It is available to each state, the District of Columbia, and each territory or possession of the United States.

Preapplication assistance is available through the state water pollution agency or the appropriate EPA regional office. Applications must be submitted through these agencies. Applications are subject to state and area-wide clear-house review. An environmental assessment is required which may lead to the requirement for an environmental impact statement. Approval or disapproval normally requires 90 days.

Contact: Information may be obtained from the state water pollution control agency or the appropriate EPA regional office.

2. Water Pollution Control - State and Interstate Program Grants (100 Grants). Formula grants are available under this program for the establishment and maintenance of water quality measures for prevention and control of water pollution. Broad support is available for permitting, pollution control studies, planning, surveillance, and enforcement. Advice and assistance is available to local agencies. Training and public information are also available. cannot be used for construction, operation or maintenance of water treatment plants nor for costs financed by other federal grants. This program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with OMB Circular No. A-111. Financial assistance has ranged from \$85,400 to \$3,080,000

with an average of \$038,000. FY 80 estimated obligations are \$49,730,000 for grants. State and interstate water pollution control agencies are eligible for funding under this program. It is available in each state, the District of Columbia, and all territories and possessions of the United States.

Informal meetings are held between the regional office and state applicant agency concerning program preparation. Applications are subject to state and area-wide clear-house review. Completed application forms must be submitted to the appropriate EPA regional office, Grants Administration Branch. Suggested dates of submission are June 1 for draft state/EPA agreements and no later than September 1 for final state/EPA agreements. Approval or disapproval normally takes 30 days.

Contact: Information may be obtained from the appropriate EPA regional office.

3. Water Pollution Control - State and Area-wide Water Quality Management Planning Agency (Section 208 Grants) Project grants are provided to area-wide and state planning agencies to develop a water quality management plan for the area or areas approved by the appropriate regional EPA administrator. This program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with OMB Circular No. A-111. The federal financial assistance ratio is 75 percent for all grants. The range of financial assistance has been from \$100,000 to \$4,000,000 with an average of \$40,000. FY 80 estimated obligations are \$40,000,000.

This program is available to a local or regional planning agency designated by the governor or appropriate local officials and approved by the administrator or EPA as the official area-wide waste treatment management planning agency. The program is available to each state, the District of Columbia, and all territories and possessions of the United States.

Preapplication coordination with the appropriate regional EPA office is recommended. Applications are subject to state and area-wide clear-house review. Standard applications are furnished by the agency. Grant applications are submitted to the appropriate EPA regional administrator office. In the case of an area designated by the governor, the application and supporting data must be submitted by the state reviewing agencies prior to submission to EPA. In interstate cases, the application must be submitted to the governor of the state wherein the greatest portion of the planning area lies. Grant applications

must be submitted according to dates established by the regional EPA administrators. Approval or disapproval time normally is 45 days.

Contact: Information may be obtained from the regional EPA office.

4. State Underground Water Source Protection Program Grants. Under this program project grants are available for the development and implementation of underground injection control programs adequate to enforce the requirements of the state drinking water act. Federal assistance is limited to 75 percent of eligible costs, not to exceed the state allotment. This program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with federal financial A-111. FY 80 estimated obligations are \$7,795,000.

State agencies designated by the Governor or the chief executive officer by one of the states, the District of Columbia or any of the U.S. territories or possessions which has been listed by the EPA administrator as requiring an underground injection control program are eligible for funding under this program.

Preapplication coordination with appropriate regional offices is recommended. Grant applications are submitted to the appropriate RPA regional administrator. Applications are subject to state and area-wide clearinghouse review. Approval or disapproval time is approximately 45 days.

Contact: Applicants should contact the appropriate EPA regional office for information concerning this program.

5. Solid and Hazardous Waste Management Program Support Grants. Formula grants and project grants are available to assist in the development and implementation of state and local programs and support rural and special communities in waste management problems. Assistance includes support of facility planning, feasibility studies, expert consultation, surveys and analysis of market needs, marketing of recovery resources, technology assessment, legal expenses, and fiscal or economic investigation or studies. Funds may be used for special communities for conversion, improvement or consolidation of existing solid waste disposal facilities or for construction of new facilities. Assistance is also available to low population municipalities for closing or upgrading existing open dumps or

existing requirements of restrictions on open burning or other requirements arising under the Clean Air Act or the Federal Water Pollution Control Act. This program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with OUD Circular No. A-111. The federal share of a project may be up to 75 percent although 100 percent may be funded for conducting inventories of open dumps. Financial assistance has ranged from \$71,500 to \$1,318,200 with an average of \$260,000. FY 80 estimated obligations are \$85,050,000. State and substate solid waste agencies, authorities and organizations in all states, the District of Columbia, Puerto Rico, the Virgin Islands, Guam, American Samoa, and the Mariana Islands are eligible for funding under this project.

The standard application forms furnished by the agency are required for this program. Preapplications for resource conservation and recovery projects are solicited in the Commerce Business Daily and evaluated with published criteria. Requests for application forms and completed applications are submitted to the appropriate EPA regional grants administration office. The staff at the appropriate office is available to assist in preparation of the application. Applications are subjected to administrative evaluation to determine adequacy in relation to grant regulations and to technical and program evaluation. Approval or disapproval time ranges from 30 to 90 days depending upon the type of application. Applications are subject to state and area-wide clearinghouse review. Environmental impact assessments may be required for implementation projects involving major construction or siting.

Contact: Information may be obtained from the appropriate EPA regional administrator.

6. Solid Waste Management Demonstration Grants. Project grants are available to promote the demonstration and application of solid waste management and resource recovery technology and assistance which preserve and enhance the quality of the environment and conserve resources and to conduct solid waste management and resource recovery studies and investigations and surveys. This program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with OUD Circular No. A-111. Resource recovery system demonstration projects may be funded up to 75 percent by this federal program. Construction of new or improved solid waste disposal facilities serving an area of only one municipality may be funded up to 50 percent of eligible project costs, or 75 percent in any other cases.

State, interstate, municipal, intermunicipal, or other public authorities and agencies are available for the vari-

one components of this program. In addition, public or private colleges and universities and private nonprofit agencies and institutions are available for the resource recovery systems demonstration projects or for the construction of new or improved solid waste disposal facilities. All states, the District of Columbia, Puerto Rico, the Virgin Islands, Guam, American Samoa, and the northern Mariana Islands are eligible for assistance under this program.

Standard application forms are furnished by the agency for this program. Requests for application forms and completed applications are submitted to the Environmental Protection Agency, Grants Administration Division, Applications are subject to state and areawide clearinghouse review. An environmental impact assessment is required only for major demonstration and construction projects. Approval or disapproval time normally takes 90 days.

Contact: Information may be obtained from the appropriate EPA regional office.

OFFICE OF RESEARCH AND DEVELOPMENT

1. Environmental Protection - Consolidated Research Grants. Project grants are available under this program to support research to determine the environmental effects and control requirements associated with energy, to identify, develop and demonstrate necessary pollution control technology and to evaluate the economic and social consequences of alternative strategies for pollution control of energy systems. Grants may also be used to explore and develop strategies and mechanisms for those in the economic, social, governmental, and environmental systems to use in environmental management. This program is suitable for joint funding with closely related federal financial assistance programs in accordance with OMB Circular No. A-111. Projects must be cost shared at a minimum of 5 percent. Financial assistance has ranged from \$1,000 to \$1,910,660. FY 79 average financial assistance was \$68,304. FY 80 estimated obligations are \$20,800,000 for grants. This program is available for public and private state universities and colleges, hospitals, laboratories, state and local government departments, other public or private nonprofit institutions, and individuals who have demonstrated unusually high scientific ability. It is available to each state, territory and possession of the United States including the District of Columbia.

Preapplication discussions with the EPA program office is advisable. Standard application forms must be used. Requests for application forms and completed applications

must be submitted to the EPA Grants Administration Division. An environmental impact assessment is required. Approval or disapproval normally takes 90 days.

Contact: Individuals are encouraged to communicate with the appropriate EPA regional office. For information on grant applications and procedures, contact the Environmental Protection Agency, Grants Administration Division, PM-216 Washington, D.C. 20460. For program information, contact the Environmental Protection Agency, Office of Research and Development, HD-074, Washington, D.C. 20460, (202) 755-8787.

2. Solid Waste Disposal Research Grants. Project grants are available to promote and support the coordination of research and development in the area of collection, storage, utilization, and salvage or final disposal of solid waste. The program is considered suitable for joint funding with closely related federal financial assistance programs in accordance with OMB Circular No. A-111. Those grants require a minimum of 5 percent cost sharing. Financial assistance has ranged from \$6,000 to \$359,000 with an estimated average in FY 79 of \$60,000. FY 80 estimated obligations are \$2,500,000 for grants. The program is available to public or private agencies; individuals; state universities and colleges; state and local governments; and individuals in each state, territory and possession of the U.S. including the District of Columbia.

Preapplication discussion with the EPA program is advisable. Requests for required standard application forms and completed applications must be submitted to the EPA Grants Administration Division. An environmental impact assessment is required. The range of approval or disapproval time is 90 days.

Contact: Individuals are encouraged to communicate with the appropriate EPA regional office. Information concerning the grant applications and procedures may be obtained from Environmental Protection Agency, Grants Administration Division, PM-216, Washington, D.C. 20460. Program information may be obtained from the Environmental Protection Agency, Office of Research and Development, RD-874, Washington, D.C. 20460, (202) 755-8787.

3. Water Pollution Control Research, Development and Demonstration Grants. Project grants are available under this program to support and promote the coordination and acceleration of research, development, and demonstration projects relating to the cause, effects, extent, prevention-

tion, reduction, and elimination of water pollution. The program is considered suitable for joint funding with closely related federal financial assistance programs with the concurrence with OMB Circular No. A-111. Grants under certain sections of this program require a minimum of 5 percent cost sharing. Research grants have ranged from \$1,000 to \$101,710 and a projected average for FY 79 of \$76,000. Demonstration grants have ranged from \$37,500 to \$10,500,000 in FY 78 and 79 with an average of \$1,311,330 in FY 79. 80 projected demonstration grant average is \$100,000. FY demonstration obligations are \$17,608,000 for research and

This program is available to public, private, state and community universities and colleges, hospitals, laboratories, state and local governments, other public or private non-profit agencies, institutions, and organizations in each state and all territories and possessions of the United States including the District of Columbia. Grants may be awarded to individuals who have demonstrated unusually high scientific ability. Grants under certain sections of this program may be awarded to profit-making organizations.

Preapplication discussion with the EPA Program Office is advisable. Requests for the required standard application forms and completed applications must be submitted to the Environmental Protection Agency Grants Administration Division. Demonstration Grant Applications are subject to state and area-wide clearinghouse review. An environmental impact assessment is required for this program. Rank of approval or disapproval time is 90 days.

Contact: Individuals are encouraged to communicate with appropriate EPA regional office. Information concerning grant applications and procedures may be obtained from the Environmental Protection Agency, Grants Administration Division, PA-210, Washington, D.C. 20460. Program Agency, Office of Research Program Management, Pollution Prevention, D.C. 20460, (202) 765-8787.

OFFICE OF PLANNING AND MANAGEMENT

1. Loan Guarantees for Construction of Treatment Works. Guaranteed/insured loans are available to assist and solve an incentive in construction of municipal sewage treatment works which are required to meet state and federal water quality standards. The program is designed to insure that inability to borrow necessary funds from other sources

on reasonable terms does not prevent the construction of wastewater treatment works for which a grant has been or will be awarded. Applications for loan guarantees will be allowed to financing certain portions of the eligible water treatment works. EPA guarantees the loan from the Federal Financing Bank.

A state, interstate agency, a municipality, or an inter-municipal agency which has applied for a construction grant under Title II of the Clean Water Act or which has committed itself to finance the local share of any project for which a grant has been awarded or for which an application is being processed are eligible for funds under this program. It is available to each state, territory and possession of the United States including the District of Columbia.

Preapplication consultation with the appropriate EPA Regional Construction Grants and Grant Administration Office is recommended. Application is made through the state agency to the appropriate EPA regional office. Fees are charged for processing of the application and for issuance of a commitment to guarantee. If the application is approved by the EPA administrator, loan guaranteed contracts will be issued to the federal financing office which dispenses funds.

Contact: Contact the appropriate regional office of the EPA for information concerning this program or Environmental Protection Agency, Grants Administration Division, PA-210, Washington, D.C. 20460, (202) 765-0850.

STATE/LOCAL PROGRAMS

STATE LEVEL: MARYLAND

DEPARTMENT OF NATURAL RESOURCES

Water Resources Administration

1. Gloun Lakes Program (Federal): No agency has been officially designated to administer 314 Gloun Lakes applications and 314 Clean Lakes grants from the Environmental Protection Agency. The Water Resources Administration has been involved with 208 planning and some of the 208 Regional Planning Commissions have applied for and received 314 Gloun Lakes funding. At the present time, the local project sponsor is required to provide matching monies.

Contact: Maryland Department of Natural Resources, Water Resources Administration, Tower State Office Building, Annapolis, Maryland 21401, (301) 200-2224.

2. Program Open Space. The Department of Natural Resources provides financial assistance in the form of grants (formula allotment) to local governmental units for the development of park and recreational facilities. Half the monies received by the local community may be used for land acquisition and half for recreational development. A 25% match is required of the local sponsor on the portion that applies to recreational development. No match is required on the portion for land acquisition.

Contact: Appropriate county office of Maryland Department of Natural Resources, Program Open Space, Tower State Office Building, Annapolis, Maryland 21401.

STATE DEPARTMENT OF HEALTH

1. Nature, Ice and Sewerage Program. This program provides grants to counties and municipalities for sewage and central sewage system development. Monies are to be used to provide a matching funding for the federal Sewerage Construction Grants Program (projects must qualify for federal aid). The state will cost share 50% (the other 50% to be provided by the local sponsor) of the nonfederally funded portion of project costs on a 75% federal grant and 75%/25% (state/local) on a 80% federal grant.

Contact: Maryland State Department of Health.

STATE/LOCAL PROGRAMS

STATE LEVEL: MASSACHUSETTS

DEPARTMENT OF ENVIRONMENTAL QUALITY ENGINEERING

Division of Waterways

1. Eutrophication and Nutrient Aquatic Vegetation Control Program. This program involves a preapplication and final application process in order for a community to receive funds for controlling a problem in their lake. Formerly, simple weed control program, this program now gives first priority to projects which seek to solve the eutrophication problems at its source. The complete span of restoration techniques are eligible for funding (about \$120,000 available statewide during FY 80). The usual applicant is a city or town through the board of selectmen, conservation committee, health department, etc. This program is expected to be transferred to the Division of Water Pollution Control in order to consolidate and coordinate all lake functions statewide.

Contact: Massachusetts Department of Environmental Quality Engineering, Division of Waterways, Room 532, 100 North Street, Duxton, Massachusetts 02114, (617) 727-4787.

Division of Water Pollution Control (314 designated agency)

1. Massachusetts Lakes Program. This program embodies the state's own program. Activities include statewide lake classification studies, diagnostic-feasibility studies, water assistance research team surveys (WART strikes), 314 coordination and project application administration, limnological data publication, state project priority listing, lake association assistance, coordination of federal-state local lake rehabilitation efforts, and related activities. Legislation presently under review, if successful, would provide up to \$2,000,000 in state matching funds for 314 projects as well as provide a firm legislative mandate for administering a statewide lakes program.

Contact: Massachusetts Department of Environmental Quality Engineering, Division of Water Pollution Control, P. O. Box 615, Waltham, Massachusetts 01581, (617) 366-0181.

2. Agricultural Water Pollution Control Program (Ch. 21B, Sect. 31A). This program provides grants to public entities representing several municipalities for regional sewage and water pollution abatement planning. Grants are not to exceed \$10,000 per public entity.

Contact: Massachusetts Department of Environmental Quality Engineering, Division of Water Pollution Control, 110 Tremont Street, Boston, Massachusetts 02108.

3. Research and Demonstration Projects and Facilities. The Division of Water Pollution Control can provide technical assistance and grant aid for studies and demonstration projects involving innovative ways of treating sewage. Anyone with appropriate ideas, including consultants, universities, communities, etc., may apply. \$1,000,000 has been authorized for FY 80. In the past, this program provided some matching monies for the 314 Clean Lakes Program before awards shifted to sewer treatment. It is unlikely that it will be used to match 314 funds in the future.

Contact: Massachusetts Department of Environmental Quality Engineering, Division of Water Pollution Control, P. O. Box 615, Southborough, Massachusetts 01581.

208 Regional Planning Commissions

The 208 designated Regional Planning Commissions have been especially active in Massachusetts and have coordinated their efforts with the Department of Environmental Quality Engineering to provide information on priority lakes and to organize public meetings to involve the public in lake restoration plans and projects.

Contact: Local Planning Office of Department of Environmental Quality Engineering, 208 Planning Division, 100 Cambridge Street, Boston, Massachusetts 02109.

EXECUTIVE OFFICE OF ENVIRONMENTAL AFFAIRS

Division of Conservation Service

1. Gift-Hold Program. The Division of Conservation Service provides grants to Municipal Conservation Commissions to cover up to 50% of the costs of land acquisition for passive recreational use. Filing deadline for applications is August 31 each year. Only land acquisition costs are eligible and only Municipal Conservation Commissions may apply.

Contact: Executive Office of Environmental Affairs, Division of Conservation Service, John Galvin Hall Building, 100 Cambridge Street, Boston, Massachusetts 02108.

2. Urban Gift-Hold Program. The Division of Conservation Service administers local park and recreation commissions of up to 80% of the costs of land acquisition for park and recreational facilities. Only land acquisition costs (including appraisal) are eligible for reimbursement. Applications should be in by August 31 each year. This program is due to end in June 1980 but extension of the program is being considered.

WASHINGTON CONGRESS OF LAKE AND WIND ASSOCIATIONS, INC.

The major activity of the Congress is to forward the cause of lakes and ponds on every front. Their contribution efforts the purposes are follows:

1. To perform all acts appropriate to a nonprofit, scientific, literary, and educational corporation dedicated to the promotion and development of environmental quality standards essential for satisfactory life styles and conditions in the natural community.

2. To preserve the aesthetic, recreational, and commercial values of lakes and lakeshore properties through the maintenance and improvement of such environmental factors as watershed ecology, water quality, lake water levels, shoreline woodland management, agricultural soils practices, recreational and residential building standards, and related influences, such as water and boating safety.

During one year old, the Congress is only just beginning to grow and continually experiments in innovative ways to be effective for the cause of lakes and ponds. As their duty grows and more to the state and federal lake efforts in Massachusetts.

Contact: Massachusetts Congress of Lake and Pond Associations, Inc., P. O. Box 312, Westminister, Massachusetts 01473.

STATE LEVEL: MICHIGAN

DEPARTMENT OF NATURAL RESOURCES

Land Resource Programs Division

1. 314 Clean Lakes Program (Federal). The Department of Natural Resources is the agency designated to administer the 314 Clean Lakes Program. They are able to provide technical assistance to lake boards (special districts empowered to assess for and engage in activities related to lake improvement) concerning in-lake pollution control measures and engineering design. Such assistance may aid in providing an in-kind match for federally-funded 314 Clean Lakes projects.

Contact: Michigan Department of Natural Resources, Land Resource Programs Division, Inland Lake Management, 2615

The Clean Lakes Program

Section 314 of the Federal Water Pollution Control Act Amendments of 1972 (Public Law 92-500)* directed the United States Environmental Protection Agency to assist the States in controlling sources of pollution which affect the quality of freshwater lakes, and in restoring lakes which have deteriorated in quality. EPA is fulfilling this mandate with the Clean Lakes Program, which provides technical and financial assistance to the States to:

1. Classify publicly owned freshwater lakes according to trophic condition;
2. Conduct diagnostic studies of specific publicly owned lakes, and develop feasible pollution control and restoration programs for them;
3. Implement lake restoration and pollution control projects.

Assistance is made available to the States through the EPA Regional Offices in the form of cooperative agreements. Because program funds are limited, and the number of publicly owned lakes with present or potential water quality problems is large, awards must be made selectively. Projects chosen for funding are those which maximize public benefits. Such projects meet three general criteria.

First, projected public benefits must be significant. A lake to be studied and restored or protected should be one which can provide beneficial uses to a large number of people.

Second, the water quality improvement must be long term, to insure lasting benefits. EPA will not support restoration measures which merely ameliorate symptoms of pollution in a lake. Instead, the Agency emphasizes watershed management -- a comprehensive effort to identify and eliminate present or potential causes of lake water quality deterioration. Pollution is to be controlled at its source, not in the lake. When pollutant sources

* Now known as the Clean Water Act of 1977 (P.L. 95-217).

are being controlled, however, in-lake restoration techniques to speed recovery are also eligible for funding.

Finally, projects should promote integrated, coordinated water quality management. Other Federal, State and local programs can supplement the Clean Lakes Program. For example, the 201 Construction Grants Program can complement a lake restoration agreement by helping municipalities eliminate pollution from domestic sewage. U.S. Department of Agriculture assistance is available to farmers to implement agricultural pollution control measures, supplementing Clean Lakes Program watershed management. Combining water quality management resources in this way enhances the effectiveness of expenditures under any single program.

THE CLEAN LAKES PROGRAM

This section summarizes the Clean Lakes Program -- its legislative basis, regulations, program description, application procedures, and results to date.

Legislative Basis

Section 314 of the Clean Water Act of 1977 is the legislative basis for the Clean Lakes Program.

SEC. 314.

(a) Each State shall prepare or establish, and submit to the Administrator for his approval -

(1) an identification and classification according to eutrophic condition of all publicly owned freshwater lakes in such State;

(2) procedures, processes, and methods (including land use requirements), to control sources of pollution of such lakes; and

(3) methods and procedures, in conjunction with appropriate Federal agencies, to restore the quality of such lakes.

(b) The Administrator shall provide financial assistance to States in order to carry out methods and procedures approved by him under this section. The Administrator shall provide financial assistance to States to prepare the identification and classification surveys required in subsection (a)(1) of this section.

(c) (1) The amount granted to any State for any fiscal year under this section shall not exceed 70 per centum of the funds expended by such State in such year for carrying out approved methods and procedures under this section.

(2) There is authorized to be appropriated \$50,000,000 for the fiscal year ending June 30, 1973; \$100,000,000 for the fiscal year 1974; \$150,000,000 for the fiscal year 1975; \$50,000,000 for the fiscal year 1977; \$60,000,000 for the fiscal year 1978; \$60,000,000 for the fiscal year 1979; and \$60,000,000 for the fiscal year 1980 for grants to States under this section. These sums shall remain available until expended. The Administrator shall provide for an equitable distribution of such sums to the States with approved methods and procedures under this section.

Restriction of Awards

One of the ways in which the Clean Lakes Program will effect this coordination is by limiting award of Federal lake funds to areas that are applying an integrated watershed management approach. Before making an award, the Regional Administrator must determine that any water pollution control measures in the lake's watershed authorized under section 201, included in an approved 208 plan, or required by section 402, have been completed or are proceeding on approval schedules [40 CFR 35.1650-2(b)(2)].

Goals

The goal of the Clean Lakes Program is to implement, through assistance to the States, methods and procedures to control sources of pollution to the Nation's publicly owned freshwater lakes and to restore degraded lakes. Recognizing, however, that this applies to all publicly owned lakes and several thousand may need immediate action, the program has established a more specific goal for the 1980-1985 period. The goal is to protect at least one lake whose water quality is suitable for contact recreation, or to restore a degraded lake to that condition, within 25 miles of every major population center. A population center, in this context, usually is a Standard Metropolitan Statistical Area (SMSA) as defined by the U.S. Bureau of the Census. However, this definition will be applied with discretion in selecting projects for funding. Some SMSAs are so populous that a single clean lake would not be sufficient to meet user demand. Conversely, in SMSAs near the ocean beaches, bays, large rivers, or the Great Lakes, there may be little demand for lake protection or restoration. In vacation and tourist areas where seasonal populations are high, and in other situations where lake water quality is important to regional economy and quality of life, projects may warrant priority equal to that accorded urban lakes. More explicit guidance on this aspect of project selection will be developed, but the need for flexibility will never be eliminated.

TECHNICAL AND FINANCIAL ASSISTANCE PROGRAMS

As discussed in earlier sections, the Clean Lakes Program provides up to \$100,000 per award and requires a 30 percent non-Federal share for Phase 1 diagnostic-feasibility studies. Phase 2 awards are available for pollution control and/or in-lake restoration methods; there is no specified maximum, but they require a 50 percent non-Federal share. Thus, significant amounts of money must be supplied by State, local or private sources. As a general rule, Federal grant programs or other Federal monies cannot be used to supply the State and local share; however, two exceptions do exist. The exceptions are the General Revenue Sharing Funds from the Department of the Treasury and the Community Development Block Grants from the Department of Housing and Urban Development, both of which may be used as a part of the State and local matching funds for the Clean Lakes Program.

Non-Federal Match

A number of States have set up specific funded programs to be used as non-Federal matching funds for the Clean Lakes Program. Others have programs which, although not specifically designed for that purpose, could be used to provide the local match (see Table 11-1). In the State/local section of the matrices, in Table 11-2, under the "Federal Program Matched" column, the phrase "314" denotes States with funded programs specifically designed to match the Clean lakes funds and "314 possible," denotes States where program funds may provide the match under certain conditions. Thirty-two States do not provide matching funds. Consequently, local units of government must provide all the matching funds for the Clean Lakes Program. However, State technical and administrative assistance may be used as an in-kind match.

As can be seen in Table 11-2, most States have indicated that they do provide technical assistance which can be used as an in-kind match. Such State services as water quality monitoring and installation of monitoring equipment, laboratory services, and analysis of data can and have been

used as the in-kind match. These services can also be provided at the local level and may include donated time and equipment from qualified local sources. Specific reference to using in-kind services is made in the hypothetical case in Section 12.0 of this manual.

Combination With Other Complementary Efforts

In addition to providing direct matching funds, other programs at the federal, regional, and State levels can be coordinated with Clean Lakes projects by providing funds for activities that are not directly a part of the work funded under section 314. These are also summarized in Table 11-2. As an example, the Clean Lakes Program regulations specifically exclude costs for controlling point source discharges, where the sources can be alleviated by permits issued under either section 402 of the Clean Water Act, or by the planning and construction of wastewater treatment facilities under section 201 of the Act. Nevertheless, it is recognized that such control of point source discharges is extremely important in the lake restoration process, and that where possible, this work should be coordinated with Clean Lakes projects. Thus, while references to section 201 programs are not included in the State program sections of the matrix, it is important to check with the appropriate program office to determine their applicability to Clean Lakes restoration.

Other examples are recreational facilities development programs, such as the Land and Water Conservation Program under the Department of the Interior's Heritage Conservation and Recreation Service. They may not be used to provide matching funds to a Clean Lakes project, but activities funded under them can greatly enhance the benefits obtainable with Clean Lakes funds. Again, as with 201, no reference appears in the matrix to these WCON programs.

Department of Agriculture programs, especially in the Agricultural Stabilization and Conservation Service, the Farmers Home Administration, and the Soil Conservation Service, are other examples of funded programs which may be used with the Clean Lakes Program. It is important to remember that applications for Clean Lakes projects proposing coordination with other complementary activities will receive more favorable consideration for funding by EPA.

STATES WITH PROGRAMS TO MATCH CLEAN LAKES FUNDS

<u>Specifically Designed Programs</u>	<u>Programs Applicable Under Certain Conditions</u>
Connecticut	Arizona
Florida	Arkansas
Massachusetts*	California
Maine*	Montana
Minnesota	Nebraska
New Jersey	Rhode Island
North Carolina	
Oregon*	
Puerto Rico	
South Dakota	
Washington**	
Wisconsin	

*Proposed.

**Proposed, Phase 2 only.

Sources of Additional Information

Written descriptions of Federal, regional, and State programs can be found in Appendix H to this manual. The Federal programs are divided into three sections: those providing financial assistance; those providing technical, informational, or advisory services; and those providing labor. Programs providing financial assistance to be coordinated with the Clean Lakes Program have been summarized in the matrices in this chapter. The matrices indicate the department, agency, and program identification; type of assistance; type of projects which are eligible for the funds; and the eligible recipients. This information, along with the total obligations for fiscal year 1980, average project size, and various application information, has been obtained from the Catalog of Federal Domestic Assistance (available in major libraries, or may be purchased from the Superintendent of Documents, U.S. Government Printing Office). Where necessary, the matrices have been supplemented by data obtained directly from program managers.

Two other Federal programs are not included in the matrix but may be useful. The U.S. Army Corps of Engineers has a program which is primarily research-oriented, dealing with projects such as aquatic plant control, beach erosion control, flood control, debris clearance, and channel straightening. This assistance is usually in the form of technical consulting and research by Corps personnel.

The other Federal program which does not appear in the matrix is the General Services Administration's Disposal of Federal Surplus Real and Personal Property Programs. This program provides for the transfer of property such as abandoned military installations from the Federal government to eligible recipients. The transfer is usually on a specialized basis and depends on the location of the proposed project.

Information concerning State and regional programs was obtained from interviews with State and regional officials. These programs are described in Appendix H, and presented in the matrices in this section.

RANGES OF PROMULGATED STANDARDS FOR RAW WATER SOURCES OF DOMESTIC WATER SUPPLY

Constituent	Excellent source of water supply, requiring disinfection only, no treatment	Good source of water supply, requiring usual treatment such as filtration and disinfection	Poor source of water supply, requiring special or auxiliary treatment and disinfection
BOD (5-day) mg/l			
Monthly average:	0.75-1.5	1.5-2.5	Over 2.5
Maximum day, or sample:	1.0-3.0	3.0-4.0	Over 4.0
Coliform MPN per 100 ml			
Monthly average:	50-100	50-5,000	Over 5,000
Maximum day, or sample:	Less than 5% over 100	Less than 20% over 5,000	Less than 5% over 20,000
Dissolved Oxygen			
mg/l average:	4.0-7.5	4.0-6.5	4.0
% saturation:	75% or better	60% or better	--
pH			
Average:	6.0-8.5	5.0-9.0	3.8-10.5
Chlorides, max. mg/l	50 or less	50-250	Over 250
Fluorides, mg/l	Less than 1.5	1.5-3.0	Over 3.0
Phenolic compounds, max. mg/l	None	0.005	Over 0.005
Color, units	0-20	20-150	Over 150
Turbidity, units	0-10	10-250	Over 250

COMPARISON OF CHEMICAL CONSTITUENTS IN THE DRINKING WATER STANDARDS OF THE
WORLD HEALTH ORGANIZATION AND THE U.S. PUBLIC HEALTH SERVICE

Chemical Constituent	Permissible Limit	Concentrations In Milligrams Per Liter				
		WHO International (1958)	WHO European (1961)	WHO European (1961) Tolerance Limit	U.S.P.H.S. (1962) Recommended Limit	U.S.P.H.S. (1962) Maximum Allowable
Alkyl benzene sulfonate	---	---	---	---	---	---
Ammonia (NH ₃)	---	---	0.5	---	0.5	---
Arsenic	---	---	---	0.2	0.01	0.05
Barium	---	---	---	---	---	---
Cadmium	---	---	---	0.05	---	1.0
Calcium	75	200	---	---	---	0.01
Carbon chloroform extract	---	---	---	---	---	---
Chloride	200	000	---	---	---	---
Chromium (hexavalent)	---	---	350	---	0.2	---
Copper	1.0	---	3.0*	0.05	250	0.05
Cyanide	---	---	---	---	---	---
Fluoride	---	---	---	0.01	1.0	0.2
Iron	0.8	---	1.5	0.01	0.01	1.0-3.4#
Lead	---	1.0	0.1	---	0.3	---
Magnesium	---	---	---	---	---	---
Magnesium + Sodium sulfate	50	150	125**	0.1	---	0.05
Manganese	0.1	1000	---	---	---	---
Nitrate (as NO ₃)	---	---	---	0.1	---	0.05
Oxygen, dissolved (minimum)	---	---	---	5.0	---	---
Phenolic compounds (as phenols)	---	---	---	---	---	---
Selenium	0.001	0.002	0.001	---	---	---
Silver	---	---	---	---	0.05	---
Sulfate	200	400	---	---	---	0.01
Total solids	500	1500	250	---	250	0.05
Zinc	5.0	15	5.0	---	---	---

* After 18 hours contact with new pipe; but water entering a distribution system should have less than 0.05 mg/l of copper.
** If there are 250 mg/l of sulfite present, magnesium should not exceed 30 mg/l.
Recommended limits and maximum allowable concentration vary inversely with mean annual temperature. See table 5-1.

ADDENDA

RECHARGE AREAS
WEST GERMAN MODEL

Recharge Area - public wells

Collection area

a.) Cone of depression anywhere from 0-20000feet

1.) area where watertable is drawn down when well is pumped
New DEQE 1975 regulation - no well within 1/2 mile of dump,
Mankfarm, or salt bed pile

2.) Less protection area
any bacteria deposited in the soil-50 days travel
time to the well

3.) Greater protection zone
1.75 miles out from the well
possibly wider to included total catchment area

Aquifer and recharge area

- 1.) Hydrological mapping
- 2.) Depth of water table
- 3.) Saturated thickness
- 4.) Seasonal fluctuation
- 5.) Cone of influence

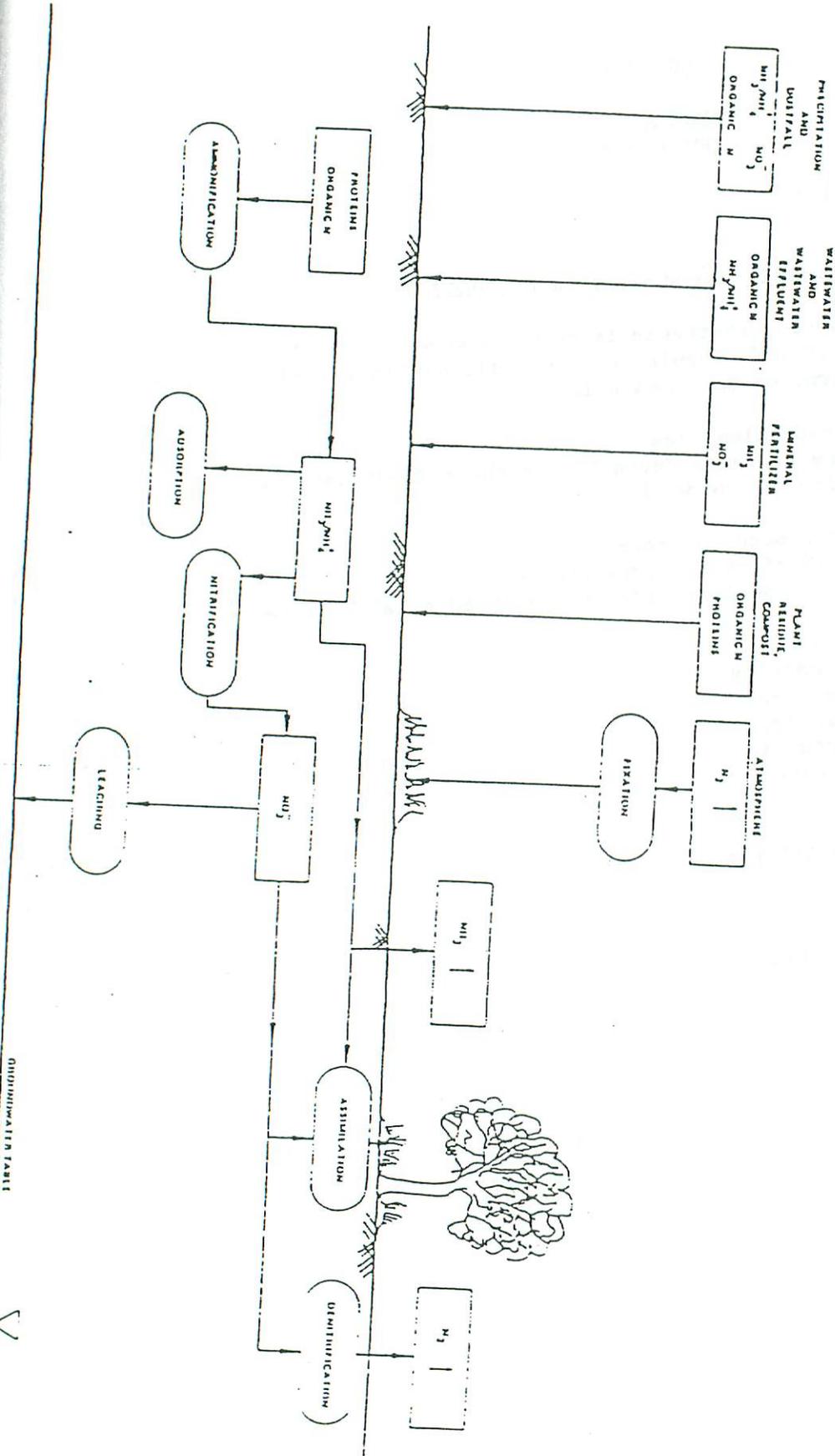
Sources

Groundwater availability maps

Professional study

U.S. Hydrological Atlas.

THE NITROGEN CYCLE IN SOIL AND GROUNDWATER



GROUNDWATER TABLE



LBS (Kgs) Nutriant in Lake

Nutrient Calculations

1 Gal = 3.85 Liters x ppm = Mg/Gal.

Mg/Gal. x Total Gallons in Lake = lbs. in lake
 453 590 Mg/lb.

lbs. in lake x .454 = Kgs in lake

Flowing Streams (Need gals. per sec. and ppm)

Cubic Meters

Kg/sec = $\frac{\text{Mg/Liter} \times (\text{Gallons} \times .00378)}{1000}$

Kg/sec x $\frac{\text{Sec's Day}}{86400}$ x $\frac{\text{Month}}{\text{Days}}$ = Kg/mo x 2.2046 = lbs/month

Conversion Factors

Acres x .405 = Hectares

Hectares x 2.741 = Acres

" x 10,000 sq. Meters

Acres x 4047 = sq. Meters ?

Sq. Meters x .0001 = Hectare

Feet x .3048 = Meters

Gallons x 3.785 Liters

Kg = 2.2046 lbs.

lbs. x .454 = Kg

Yds. x .9144 = Meters

1 Acre = 43,560

1 Gal H₂O = 8.345 lbs.

1 Cubic foot H₂O = 7.48 Gals.

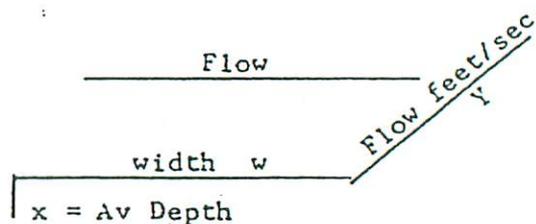
" " " = 62.42 lbs.

1 Acre Foot = 2.719,041 lbs.

" " " = 325,829 Gals.

Inches x 2.54 cm.

ug/L = ppb = .001 ppm



X x Y x W = Cubic feet of inches/sec's

$\frac{\text{inches}}{1725} = \text{C.F.} \times 7.48 \text{ Gals/cf} = \text{Gals./sec'}$

$\frac{60}{\text{no. of sec's}} \times \text{Gals.} = \text{Gallons/minute Flow}$

Culverts = use Robts computerization

METHODOLOGY

Hydraulic Parameters

Hydraulic Residence Time = Theoretical time required to displace lake or pond volume based on known inputs (groundwater* , surface flow) into water body.

Flushing Time = Theoretical time required to displace pond or lake volume, based on flow from body.

Groundwater = (mean inflows surface tribs + rainfall) - (mean discharge outfall + evaporation)

EVAPORATION
Methodology

$$E = .771 (1.465 - .0186B) (.44 - .118W) (C_8 - C_D)$$

E = Evaporation in inches in 24 hours

B = mean barometric reading, in inches of mercury at 32 F

W = mean speed of ground wind, or water surface wind in miles per hour

C_8 = mean vapor pressure of saturated vapor at temperature of water surface, in inches of mercury

C_D = mean vapor pressure of saturated air at the temperature of the dew point, in inches of mercury

National Oceanic and Atmospheric Administration
Environmental Data Service
National Climatic Center
Ashville, N.C.

U.S. Weather Service

Evaporation is measured in the standard weather service type pan of 4 foot in diameter. Maximum and minimum values in the evaporation and wind table are monthly averages of daily extremes of temperature of water in pan as recorded during 24 hours ending at time of observation. Wind is the total wind movement in miles over the evaporation pan, as determined by a continuous anemometer recorder located 6-8 inches above the pan.

Evaporation readings are inches.

The loss from a natural water surface = evaporation of U.S. Weather Service x .70

Lake evap.. inches = USWS x .70