



**TOWN OF PLYMOUTH  
BOARD OF HEALTH MEETING  
February 8, 2023 @ 4:00 PM  
MINUTES**

The following Board of Health meeting was held on Wednesday **February 8, 2023** at 4:00 PM via PACTV

**Present**

Barry Potvin, PhD, Professor Emeritus, Chair  
Teri Reid, MD, FAAP, Vice Chair  
Amy Palmer, MPH  
David Golden, MPA  
Lorenzo Pizarro, MBA  
Deb Zona, RN, MHA, CMCN, FACHE (alternate)

**Department**

Karen Keane, Public Health Director

**Agenda**

- Approval of Meeting Minutes from 1/11/2023
- Variance Request – 25 Lake View Blvd – Kevin Flaherty
- Tobacco Violation Appeal – White Horse General Store – Francis Kuhn
- Tobacco Violation Appeal – Brennan’s Smoke Shop – Geoffrey Yalenezian
- Rodent Control
- Postpartum Mental Health – Screenings, Support Services and Help Lines
- COVID Update
- Board of Health Goals Update & Discussion
- Director’s Report
- Chairperson’s Announcements
- New/Old Business
- Adjournment

- *Disclosure: These minutes are not verbatim – they are the secretary’s interpretation of what took place at the meeting. – Open Meeting Law, G.L. c. 30A § 22.*
- *These minutes are a record as accepted by the Board of Health.*
- *All materials presented during this meeting are available in the Public Health Department.*
- *Administrative Business – May include topics not reasonably anticipated by the Chair 48 hours in*

**HYBRID PARTICIPATION IN-PERSON OR VIA ZOOM WEBINAR**

Pursuant to MA Senate Bill 2457 signed by Governor Baker on June 16, 2021, a second bill (H4345) signed by Governor Baker on February 12, 2022 and a third bill signed on July 16, 2022 which allow government bodies to continue to conduct meetings virtually until March 31, 2023, as long as members of the public can easily access the proceedings in real time and participate remotely, this meeting will be conducted both in person and via remote participation. Members of the public who wish to watch the meeting may do so in the following manner: tune into PACTV government cable access channels Comcast Channel 15 or Verizon Channel 47 and watch the meeting as it is aired live, or watch the meeting live on the PACTV website at: <https://www.pactv.org/pactv/towns/plymouth>. You may also watch when the show is replayed on pactv.org

**4:00 PM**  
Welcome

**4:01 PM – Approval of Meeting Minutes from 1/11/2023**

*On a motion by Amy Palmer and seconded by Teri Reid, the board unanimously voted to approve the minutes from 1/11/2023. Unanimous vote through rollcall: 5/0/1 - Lorenzo Pizarro abstained.*

**4:10 PM – Variance Request – 25 Lake View Blvd – Mark Flaherty**

*On a motion by Amy Palmer and seconded by Teri Reid, the board unanimously voted to approve the Variance Request for 25 Lake View Blvd. Unanimous vote through rollcall: 5/0*

**4:13 PM – Tobacco Violation Appeal – White Horse General Store – Francis Kuhn**

Francis Kuhn explained the circumstances to the Board regarding the tobacco violation, making his appeal. Since this is the third tobacco violation for White Horse General Store in 36 months, the Board upheld the penalty for the violation.

*On a motion by Amy Palmer and seconded by Teri Reid, the board unanimously voted to enforce the full penalty of \$5,000 fine and 30-day loss of license. Unanimous vote through rollcall: 5/0*

**4:48 PM – Tobacco Violation Appeal – Brennan’s Smoke Shop – Geoffrey Yalenezian**

Geoffrey Yalenezian explained the circumstances to the Board regarding the tobacco violation. Since this is the second tobacco violation for Brennan’s Smoke Shop in 36 months, the Board upheld the penalty for the violation.

*On a motion by Amy Palmer and seconded by Teri Reid, the board unanimously voted to enforce the full penalty of \$2,000 fine and 7-day loss of license. Unanimous vote through rollcall: 5/0*

**5:03 PM – Rodent Control**

Karen Keane shared a PowerPoint presentation with information regarding the rat population and the increasing problem with them in Plymouth. A few of the reasons that rats have become a problem are increased construction, trash, overgrown property, impact on change of food chain and abandoned properties. Karen shared tips on how a resident can “Rodent Proof” their property and how the Public Health Department handles the complaints received about rats.

**5:16 PM – COVID Update**

- Latest available data from Plymouth Department of Public Health, MA DPH and CDC.

**5:24 PM – Mental Health – Screenings, Support Services and Help Lines**

Dr. Teri Reid spoke about postpartum depression and the difference between that and the “baby blues”. Dr. Reid shared a presentation showing some of the symptoms and risk factors to be aware of in postpartum depression and that not all of the symptoms need to be present. Also, on the presentation was Postpartum Depression Support in Massachusetts as well as parental support resources. Dr. Reid stated that it’s the baby’s pediatrician that the mother will be interacting with, so they are the first line for finding potential risks. Being a pediatrician herself, Dr. Reid shared some of the questions she asks when seeing a mother for their first visit with her after the birth of their child – how they’re sleeping? How they’re doing? Are they having any stress? A pediatrician will usually refer a patient to a social worker or local support group. Also, Megan Anderson, LMHC, from Seaside Counseling Services, joined conversation and added her thoughts on the subject.

**5:51 PM – Board of Health Goals Update and Discussion**

Lorenzo Pizarro presented a presentation on the ideas for the BOH Goals list.

**5:57 PM – Directors Report**

See attached

**6:02 PM – Chairperson’s Announcements**

None

**6:03 PM – New/Old Business**

None

**6:04 PM – Adjournment**

*On a motion by Amy Palmer and seconded by Teri Reid, the board voted to adjourn. Unanimous vote through rollcall: 5/0*