



**TOWN OF PLYMOUTH  
BOARD OF HEALTH MEETING  
April 12, 2023 @ 4:00 PM  
MINUTES**

The following Board of Health meeting was held on Wednesday **April 12, 2023** at 4:00 PM via PACTV

**Present**

Barry Potvin, PhD, Professor Emeritus, Chair  
Teri Reid, MD, FAAP, Vice Chair  
Amy Palmer, MPH  
David Golden, MPA  
Lorenzo Pizarro, MBA

**Department**

Karen Keane, Public Health Director

**Excused**

Deb Zona, RN, MHA, CMCN, FACHE (alternate)

**Agenda**

- Grease Trap Variance Request – Tropical Smoothie, 187 Colony Place – David Costa
- Septic Variance Request – 27 Lake View Blvd – Glen Harrington
- Septic Variance Request – 17 Shore Dr – Steve Nelson
- Approval of Minutes from 3/8/2023 meeting
- Yellow Tulip Project: The Importance of Suicide Awareness/Prevention in Preteens/Teens – Judy Duarte
- F.O.G. Regulations Adoption & Tobacco Regulation Discussion
- Board of Health Goals Update & Discussion
- COVID, RSV & Influenza Update
- Director’s Report
- Chairperson’s Announcements
- New/Old Business
- Adjournment

- *Disclosure: These minutes are not verbatim – they are the secretary’s interpretation of what took place at the meeting. – Open Meeting Law, G.L. c. 30A § 22.*
- *These minutes are a record as accepted by the Board of Health.*
- *All materials presented during this meeting are available in the Public Health Department.*
- *Administrative Business – May include topics not reasonably anticipated by the Chair 48 hours in advance of the meeting.*

**HYBRID PARTICIPATION IN-PERSON OR VIA ZOOM WEBINAR**

Pursuant to Chapter 2 of the Acts of 2023, An Act Relative to Extending Certain COVID-19 Measures Adopted During the State of Emergency, signed into law on March 29, 2023, this meeting will be conducted via remote means and in person, as long as members of the public can easily access the proceedings in real time and participate remotely, this meeting will be conducted both in person and via remote participation. Members of the public who wish to watch the meeting may do so in the following manner: tune into PACTV government network cable access channels Comcast Channel 15 or Verizon Channel 47 and watch the meeting as it is aired live or watch the meeting live on the PACTV website at:

<https://www.pactv.org/pactv/towns/plymouth>. You may also watch when the show is replayed on [pactv.org](https://www.pactv.org)

**4:00 PM**

Welcome

**4:03 PM – Grease Trap Variance Request – Tropical Smoothie, 187 Colony Place – David Costa**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the Grease Trap Variance for Tropical Smoothie at 187 Colony Place. Unanimous vote through rollcall: 5/0*

**4:09 PM – Septic Variance Request – 27 Lake View Blvd – Glen Harrington**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the Variance Request for 27 Lake View Blvd. Unanimous vote through rollcall: 5/0*

**4:25 PM – Septic Variance Request – 17 Shore Rd – Steve Nelson**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the Variance Request for 17 Shore Rd. subject to satisfactory well water test prior to final inspection. Unanimous vote through rollcall: 5/0*

**4:39 PM – Approval of Meeting Minutes from 3/8/2023**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the minutes from 3/8/2023. Unanimous vote through rollcall: 5/0*

**4:40 PM – COVID Update**

- Latest available data from Plymouth Department of Public Health, MA DPH and CDC. Teri Reid also added that she would like to share symptoms of “Long-Term COVID”. Some of the symptoms are brain fog, tremors, twitches (in legs and at night) and rashes which can be weeks after diagnosis of COVID.

**4:43 PM – F.O.G. Regulations Adoption & Tobacco Regulation Discussion**

Karen Keane explained the F.O.G. Regulations and the purpose of having this document in place. It is important to be consistent, to have a document that is supported by both the Sewer Department and the Public Health Department. Also, that the word “division” be changed to “department” in the Regulations. *On a motion by Amy Palmer and seconded by Teri Reid, the board unanimously voted to approve the adoption of the F.O.G. Regulations with the change of “division” to “department”. Unanimous vote through rollcall: 5/0*

- **Tobacco Regulation Discussion** - Margaret Coe explained that the reason this is being discussed tonight is to set a date of when the BOH would like to hold a Public Hearing regarding Tobacco Regulations so that the ad can be placed in the newspapers, as necessary. Also, so that the tobacco retailers can be invited. Margaret suggested May 24, 2023 as part of the BOH Meeting.

**5:02 PM – Yellow Tulip Project: The Importance of Suicide Awareness/Prevention in Preteens & Teens – Judy Duarte – Nurse at P.C.I.S**

Judy formed a local chapter of the Yellow Tulip Project which was started by the parents of Matthew Roper who died by suicide due to struggles with mental illness. Judy spoke about the lack of mental health help there is and wanted to be part of bringing attention to that by forming a local chapter of the Yellow Tulip Project. She shared slides showing data about mental illness and its link with suicide. Judy is working with other schools in Plymouth to bring preteens and teens together to spread suicide awareness and educate them on signs to look for as well as to spread a message of hope. She and her student ambassadors have planted multiple “Gardens of Hope” at Plymouth schools. For more information and to help support the Yellow Tulip Project, <https://theyellowtulipproject.org/>

**5:40 PM – Board of Health Goals Update and Discussion**

None

**5:44 PM – Director’s Report**

See attached

**5:53 PM – Chairperson’s Announcements**

Dr. Potvin shared that an invitation to the meeting to be held on April 26, 2023 has been sent to the gentleman at ConEdison who is responsible for the wind turbines on the Plymouth/Bourne town line. Dr. Potvin hasn’t heard

back from him yet. Other wind turbine neighbors have been notified about the meeting, as well.

**6:01 PM – New/Old Business**

None

**6:02 PM – Adjournment**

*On a motion by David Golden and seconded by Amy Palmer, the board voted to adjourn. Unanimous vote through rollcall: 5/0*