



TOWN OF PLYMOUTH

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RESOURCES AND SUPPORT FOR PLYMOUTH RESIDENTS IMPACTED BY SNAP SUSPENSION BEGINNING NOVEMBER 1

FOR IMMEDIATE RELEASE: 10/31/2025

PLYMOUTH, MA – Starting Saturday, November 1, 2025, the Supplemental Nutrition Assistance Program (SNAP) benefits will be suspended, impacting roughly one million Massachusetts residents who rely on SNAP food assistance.

The Town recognizes the hardship this may cause for families and individuals who rely on SNAP benefits and wants to ensure that residents are aware of the resources and assistance available during this time.

To help lessen the impact, Governor Maura Healey has advanced \$4 million to food banks statewide. These funds will help local food pantries, meal programs, and other community organizations continue supporting those in need.

*Plymouth residents who currently receive SNAP benefits are encouraged to reach out to **Project Bread's free and confidential FoodSource Hotline at 800-645-8333**. Residents can call or text the hotline to connect with a counselor who can help identify nearby food pantries and meal programs. The hotline operates Monday–Friday from 8 a.m. to 7 p.m. and Saturday from 10 a.m. to 2 p.m.*

The Massachusetts Department of Transitional Assistance (DTA) is maintaining up-to-date resources and frequently asked questions for SNAP recipients and can be found at [Department of Transitional Assistance Resources](#). **DTA recommends leaving at least \$0.01 on your SNAP EBT card to ensure continued access to State-funded Healthy Incentives Program (HIP) benefits. EBT cards will still function through November with any existing carryover benefits, though no new SNAP funds will be added until further notice.**

Other State-funded programs, including HIP, Transitional Aid to Families with Dependent Children (TAFDC), and Emergency Aid to the Elderly, Disabled, and Children (EAEDC), will continue to operate as usual.

Local and Statewide Food Resources:

Residents seeking food assistance can connect with the following organizations and programs:

- **South Shore Community Action Council (SSCAC):** [Meal Program Partners List](#)
- **Plymouth Area Coalition for the Homeless Food Pantry:**
plymouthareacoalition.org/food-pantry
- **Find a local food bank:** mass.gov/how-to/find-a-local-food-bank
- **Greater Boston Food Bank:** gbfb.org/need-food

Additional Information and Updates:

- [November 2025 SNAP Updates | Mass.gov](#)
- [MassLive: SNAP Benefits to Stop Nov. 1 – What to Know](#)
- [Department of Transitional Assistance Resources](#)
- [State Representative Kathy LaNatra – Office Resources and Updates](#)

The Town of Plymouth will continue to monitor updates regarding the SNAP benefit suspension and will share new information with residents as it becomes available.

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